



# COMPACT SINGLE-HOOK SLED

The Dynamic Compact Sled is a great way to increase explosive power and acceleration for serious athletes at a great value. A complete lower body conditioning unit, the Compact Sled improves leg, hip, and core strength. Utilizing a fully-welded steel frame, this Compact Sled is lightweight in size, but a true heavyweight in the field, offering a single anchoring hook for harnessed pulling (harness not included).

## Features:

- Single Anchoring Hook
- Longer Skid Pads for Smoother Push/Pulls on Grass
- Harness Not Included
- Intensive Multi-Stage Pretreatment Process for Long-Lasting Powder-Coat Finish



**A full line of sleds**

**MORE STRENGTH PER SQUARE FOOT™**

We have a full line of sleds to develop explosive acceleration and power.



High-Low Sleds



Compact Sleds



Power Sleds

109997

Sled Line

# COMPACT SINGLE-HOOK SLED

## Specifications:

**FRAME:** 2" X 2" 11-Gauge Structural Steel Tubing

**WEIGHT:** 38 LBS

**DIMENSIONS:** 25" W x 17" H x 40" L

