

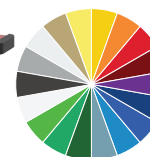


# PRONE LEG CURL

The Dynamic Fitness & Strength Prone Leg Curl allows for isolated, bilateral movement. The Prone Leg Curl is the most popular version of knee flexion, and this model by Dynamic has an upper body support pad and hip support that is ergonomically efficient. A tremendous hamstring workout, and also effective as a rehabilitative movement.

### Features:

- Adjustable Foot Rest (Optimal Knee/Hip Flex)
- Adjustable Ankle Pad
- Custom Color Pad Options
- Intensive Multi-Stage Pretreatment Process for Long-Lasting Powder-Coat Finish



**PICK YOUR COLORS!**  
Textured or gloss powder coated finish  
**COLOR-MATCHING ALSO AVAILABLE.**

**A full line of selectorized equipment:**

**MORE STRENGTH PER SQUARE FOOT™**

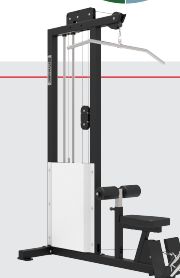
Ask about our full catalog of premium strength equipment and accessories.



Functional Trainer



Rear Delt Pec



Lat Low Row



Leg Extension

711027

# SelectORIZED Line PRONE LEG CURL

## Specifications:

**FRAME:** 2" X 3" 11-Gauge Structural Steel Tubing

**WEIGHT:** 517 LBS

**COMPONENTS:** 200 LB Weight Stacks

**DIMENSIONS:** 38" W x 73" H x 71" L

