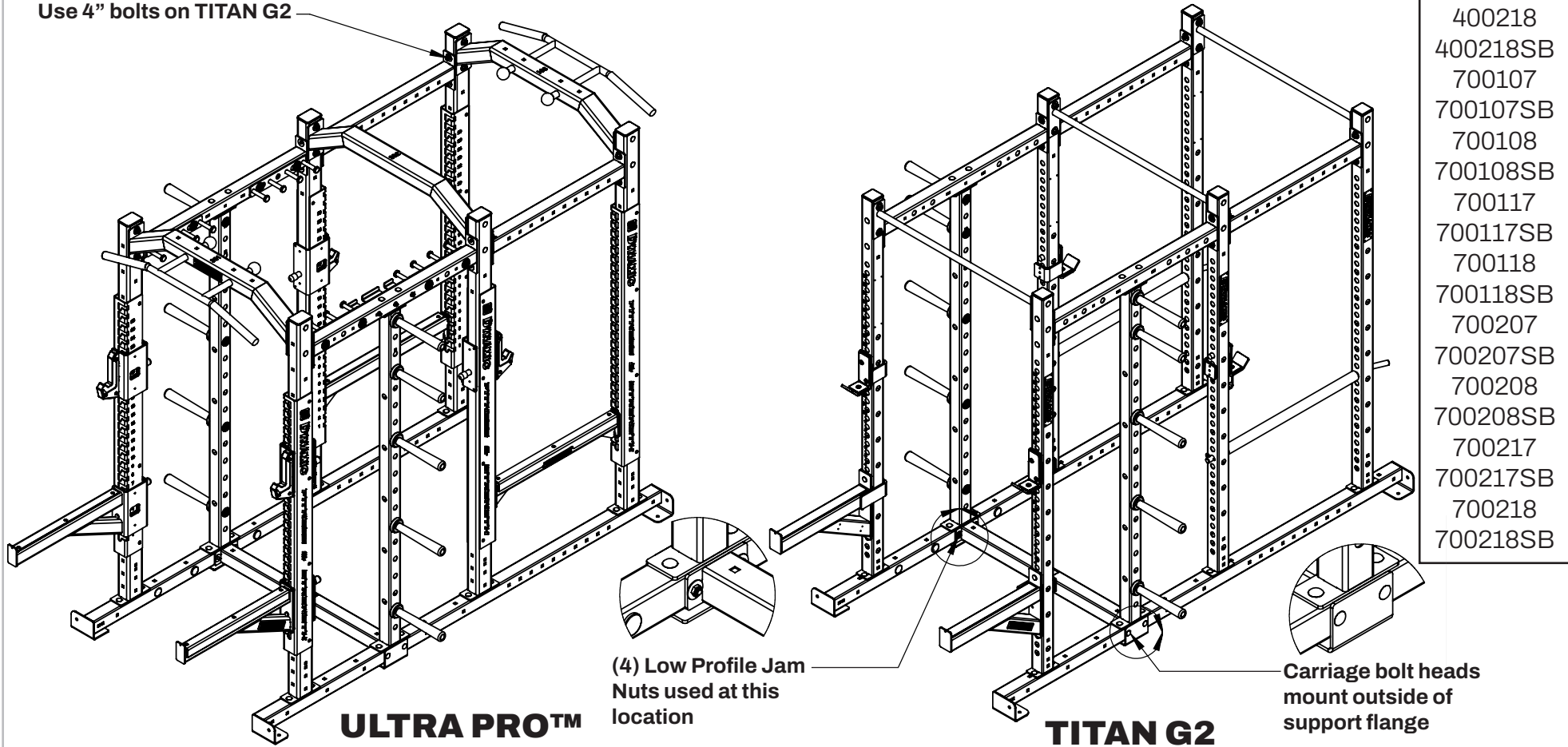


Tools Required:

- 3/4" Standard Socket
- 3/8" Drive Ratchet
- 3/4" Combination End Wrench

**POWER HALF RACK COMBO ASSEMBLY INSTRUCTIONS
SINGLE & DOUBLE POST**

*Mounting of horizontal connector
Use 5" bolts on ULTRA PRO™
Use 4" bolts on TITAN G2



- Models:**
- 400117
 - 400117SB
 - 400118
 - 400118SB
 - 400217
 - 400217SB
 - 400218
 - 400218SB
 - 700107
 - 700107SB
 - 700108
 - 700108SB
 - 700117
 - 700117SB
 - 700118
 - 700118SB
 - 700207
 - 700207SB
 - 700208
 - 700208SB
 - 700217
 - 700217SB
 - 700218
 - 700218SB

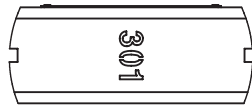
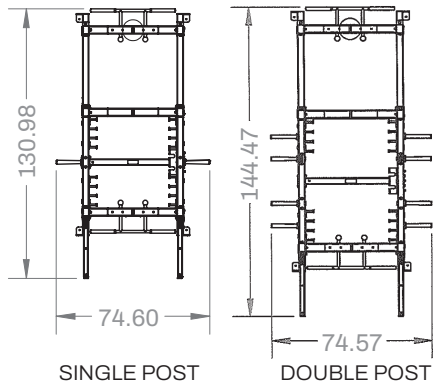


844-678-7447

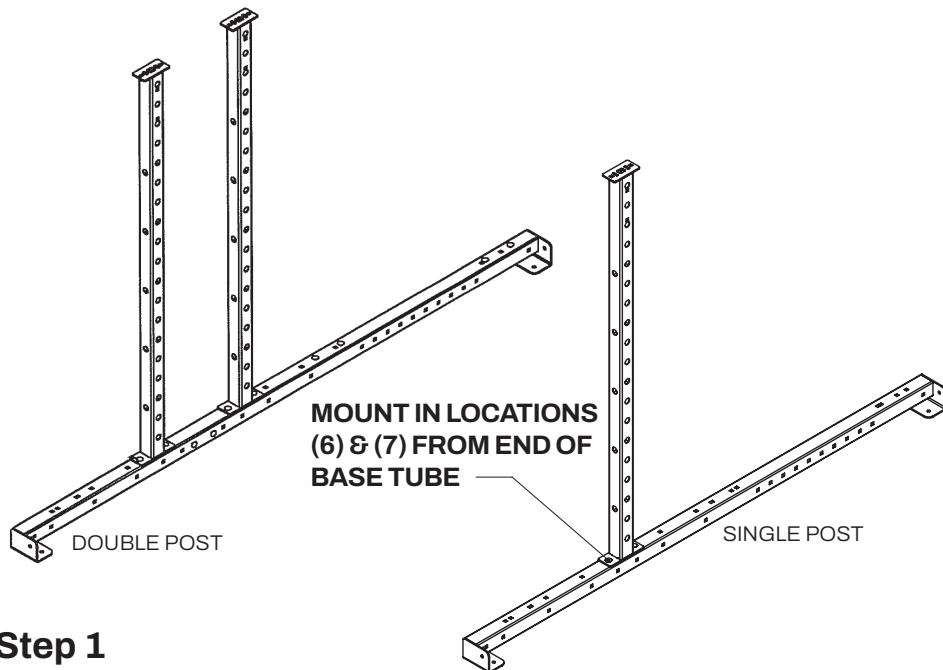
www.MyDynamicFitness.com

Before assembling this rack:

Consider how much space will be required around the unit to access weights and not interfere with other equipment.



All parts have a part number. Position the part number to be covered by its mating component or up as shown in this view.

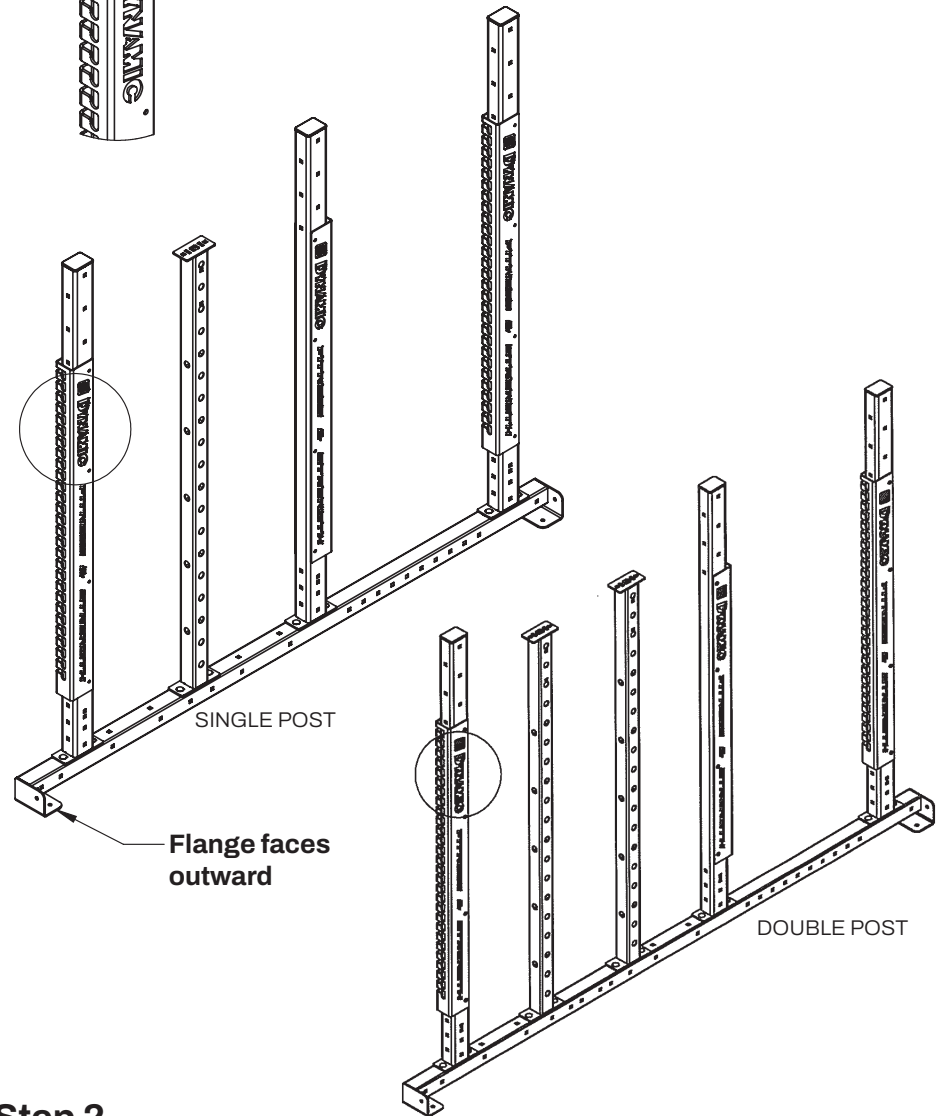


Step 1

Attach storage post to base as shown using carriage bolts. Install bolts into storage post flange and then through base tube. Bolt head on top of flange with nut mounted under base tube. To ease assembly lay the rack components out horizontally on the floor. Repeat for left side.

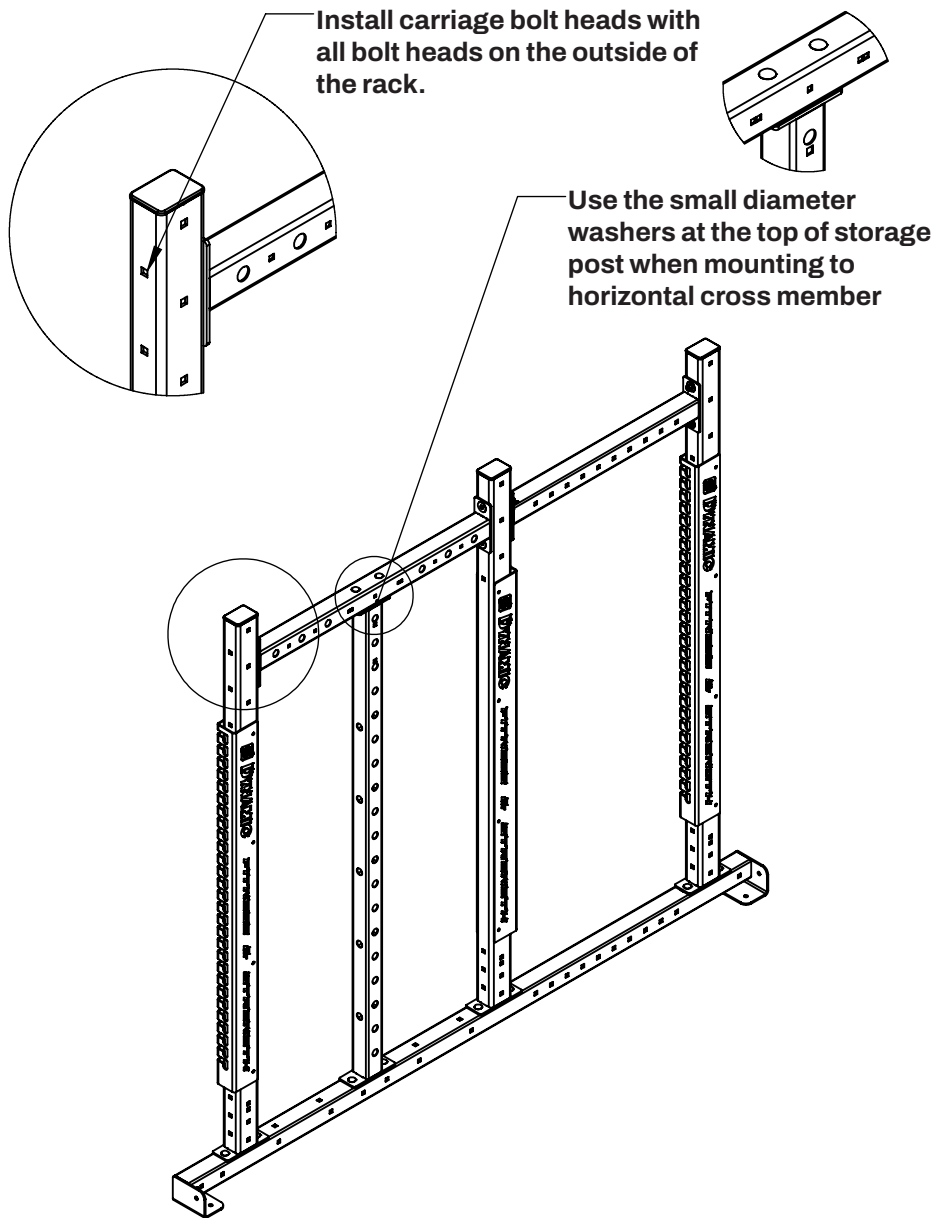
The mounting access for bar catch and safety must be to inside of rack as shown.

Note: TITAN G2 Series will not have an upright wrap as shown.



Step 2

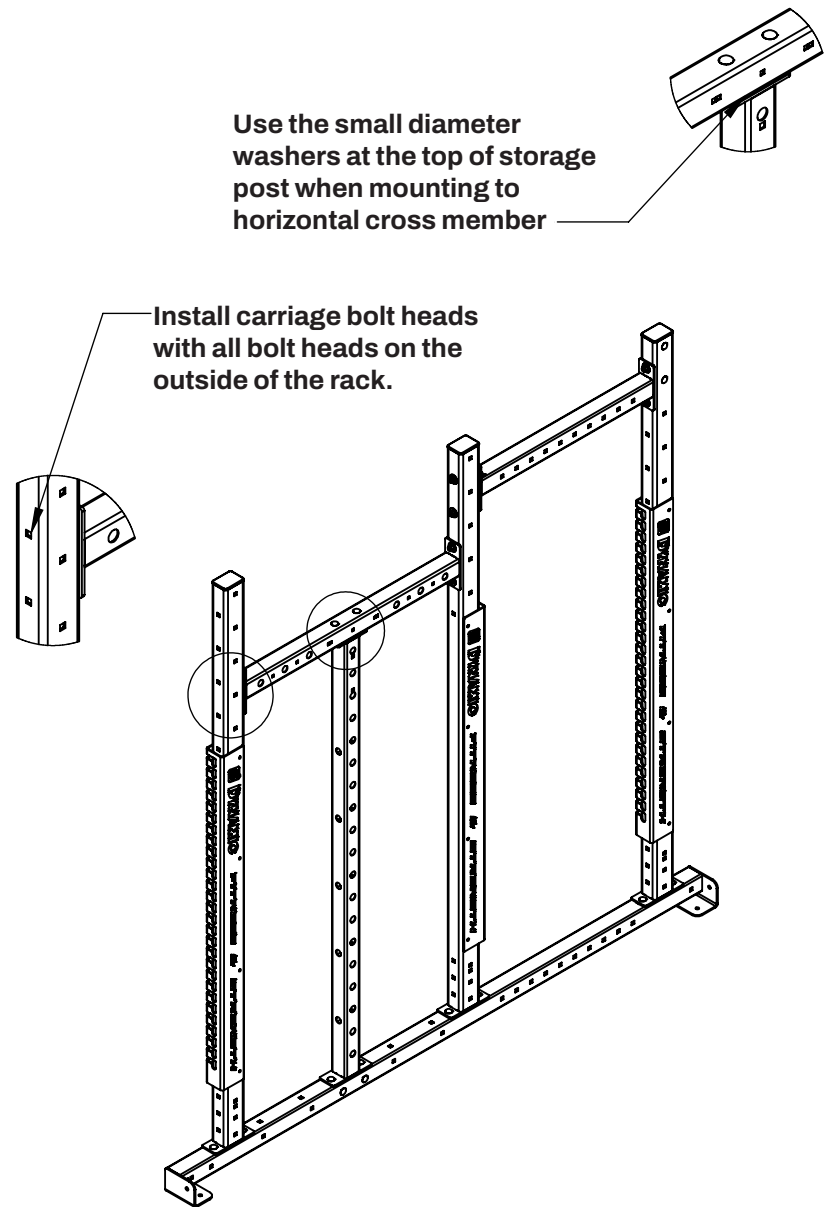
Attach working uprights to right base as shown. ULTRA PRO™ will mount at first location from end of base tube, TITAN G2 will mount at second location. Repeat on left side.



Step 3 A

Attach horizontal cross members to storage posts and 8' front uprights. Repeat for left side.

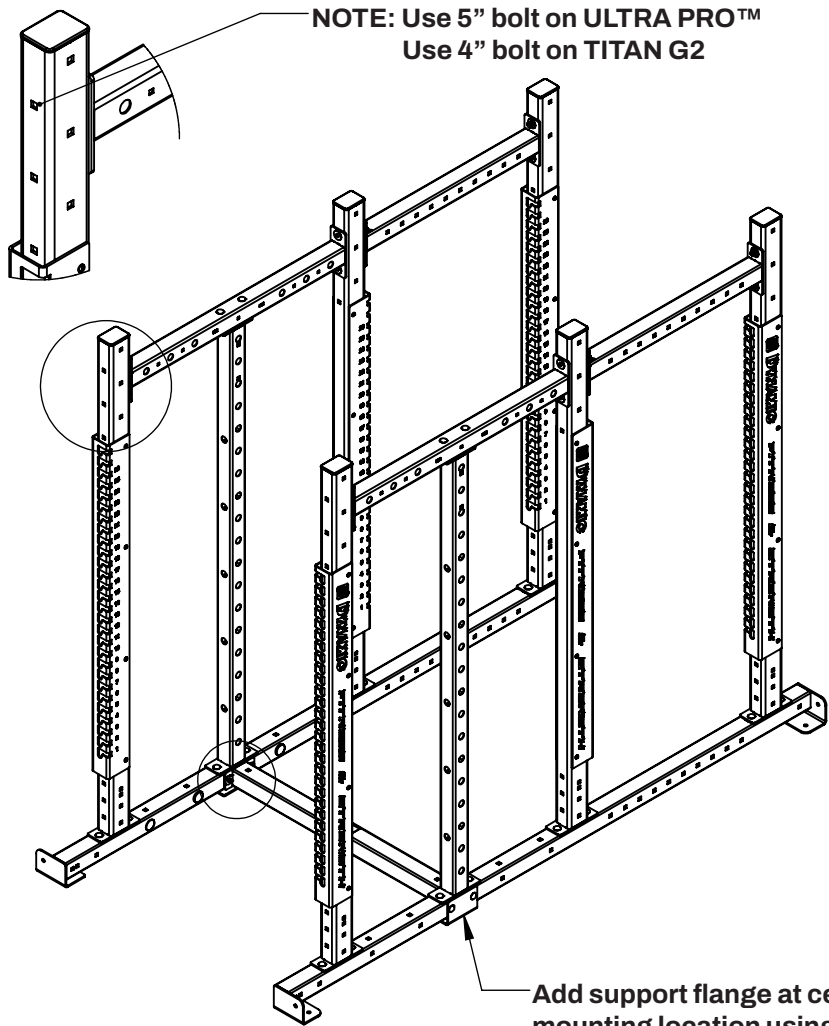
Note: Use small diameter washers at top plate when mounting storage post to horizontal.



Step 3 B

Attach horizontal cross members to storage posts and 9' front uprights. Repeat for left side.

Note: Use small diameter washers at top plate when mounting storage post to horizontal.



**NOTE: Use 5" bolt on ULTRA PRO™
Use 4" bolt on TITAN G2**

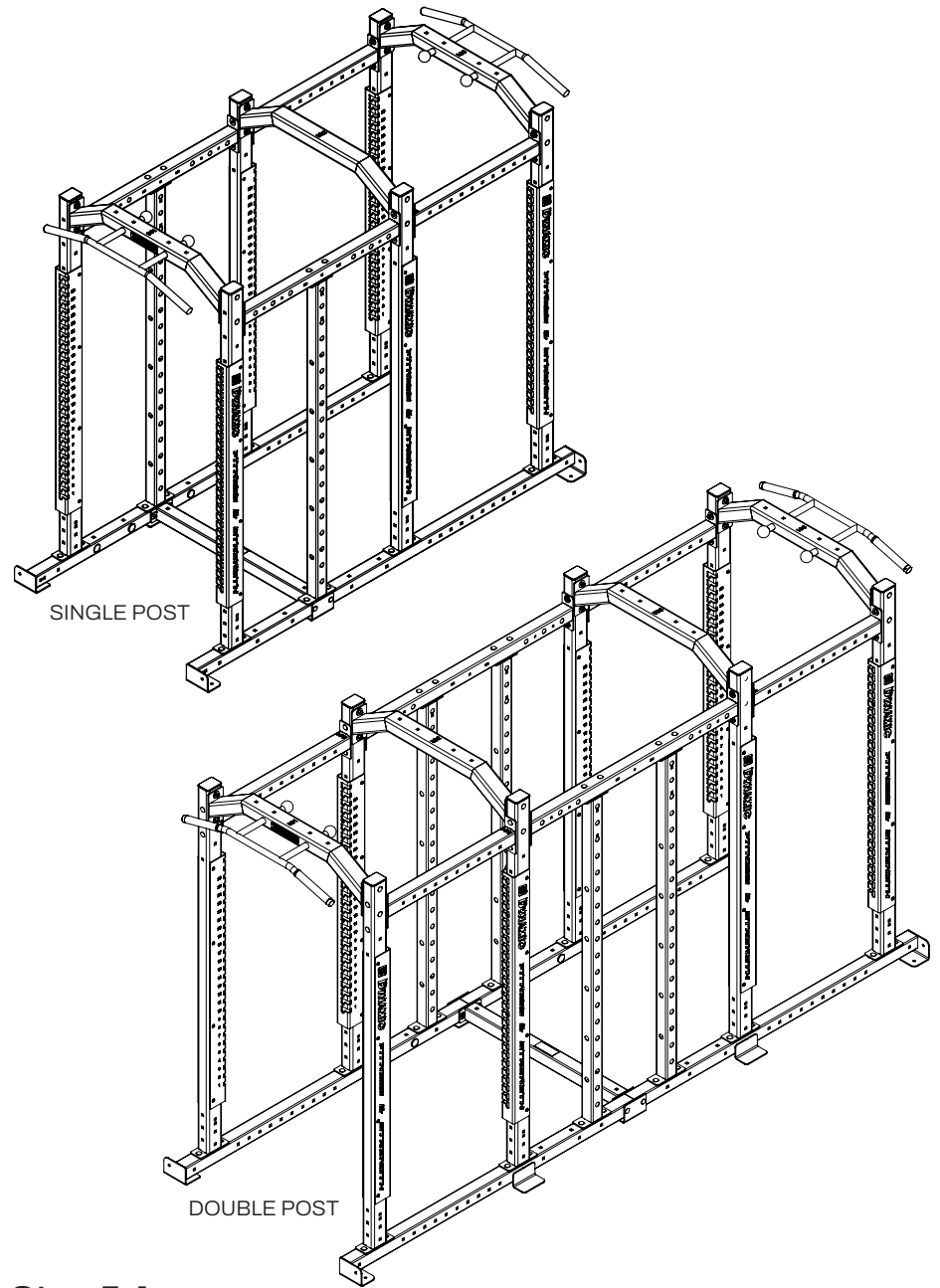
Add support flange at center mounting location using low profile jam nut (4x). See Step (10) if connecting racks with ANNEX BUMPER STORAGE.

(4x) Low profile jam nut used here.

Step 4

Attach right half to left half as shown using horizontal base tube and center mounting flanges

Note: The carriage bolt heads on outside of rack with low profile jam nut on inside.



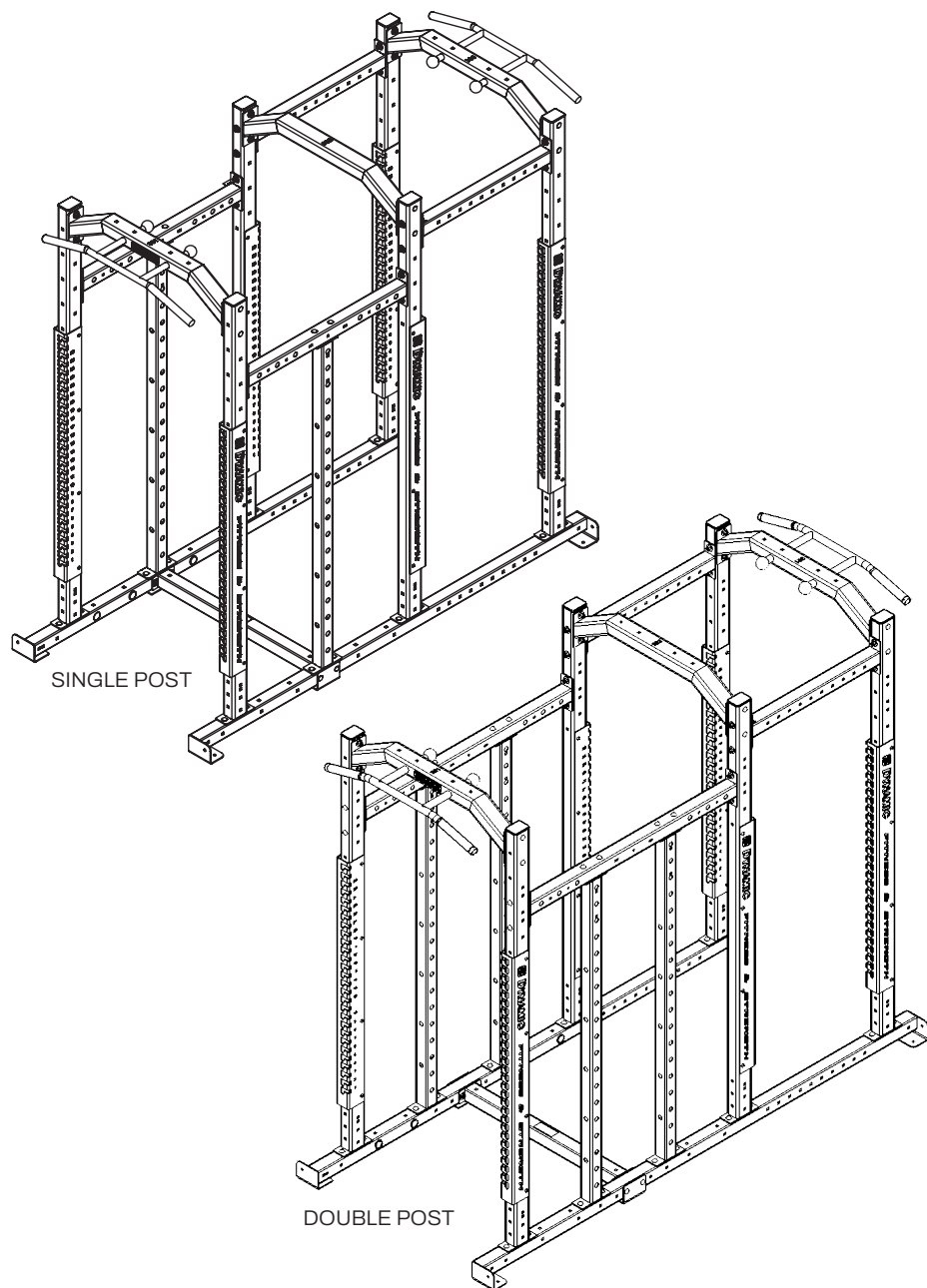
SINGLE POST

DOUBLE POST

Step 5 A

Attach horizontal chin up bars between left and right 8' uprights as shown. This bar may vary based on your model.

Note: This step requires two people to lift and fasten.

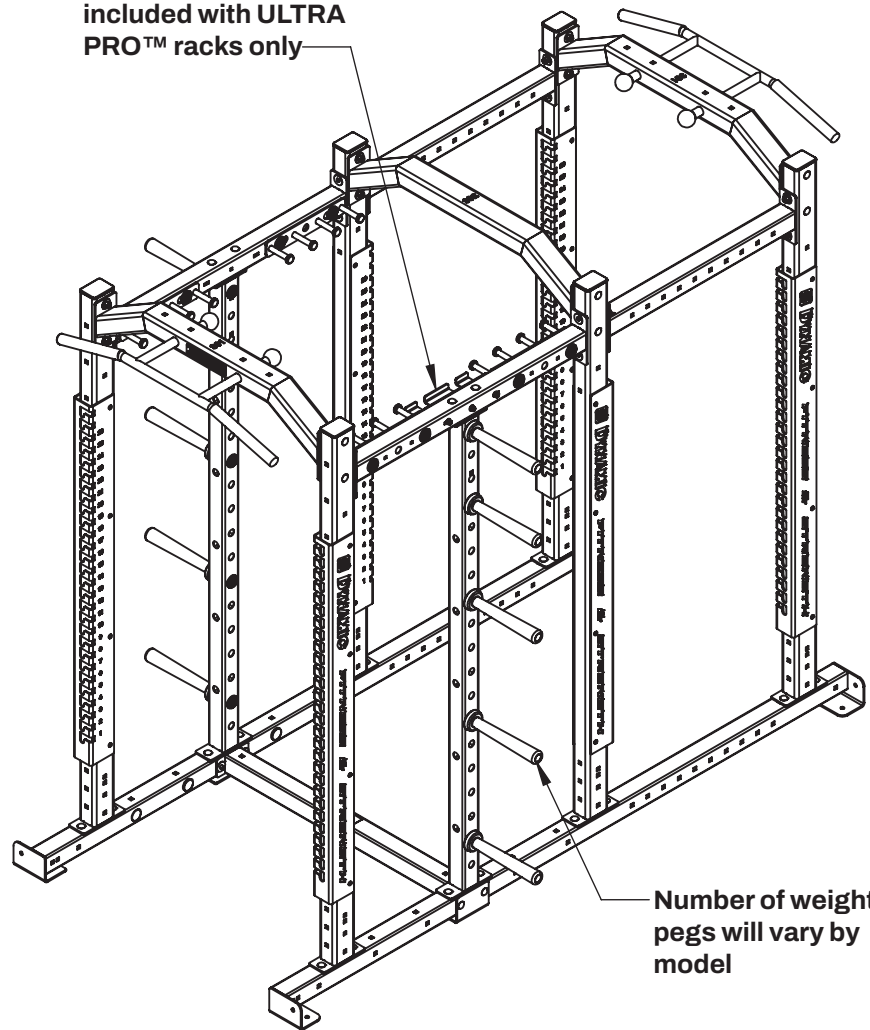


Step 5 B

Attach horizontal chin up bars between left and right 9' uprights as shown. This bar may vary based on your model.

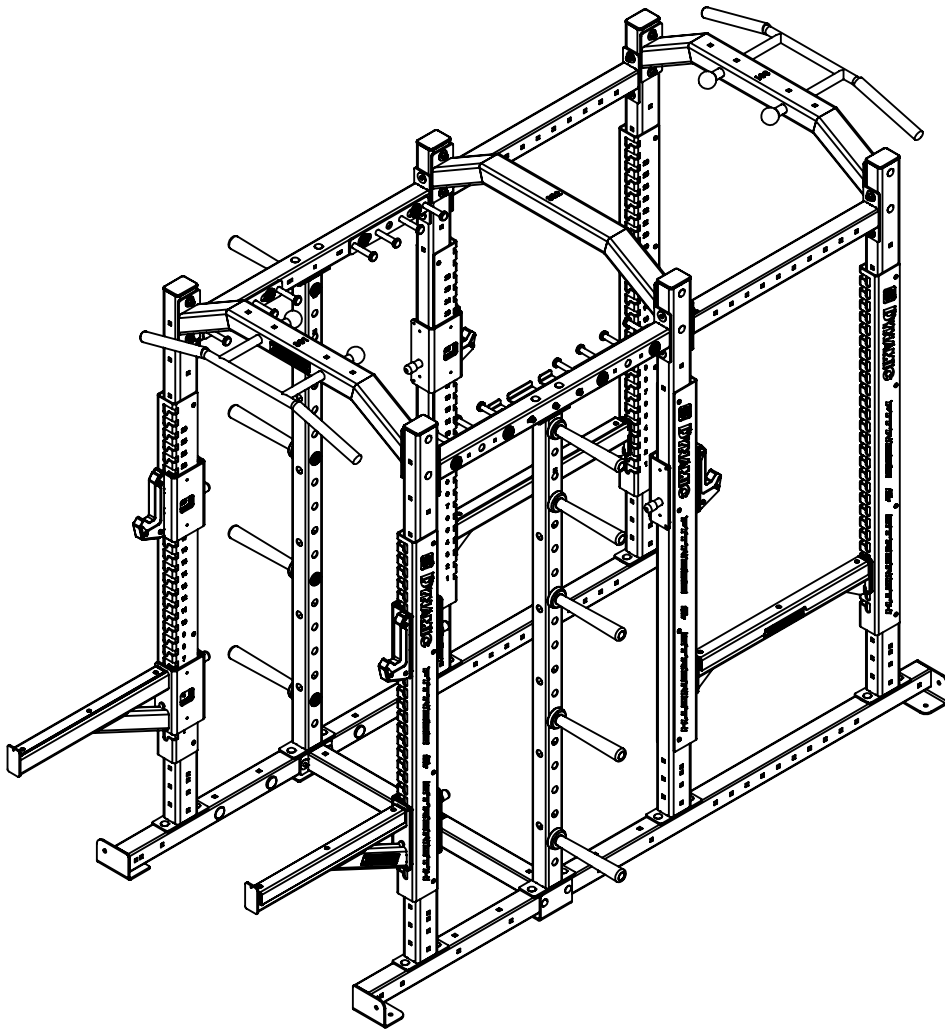
Note: This step requires two people to lift and fasten.

Mount bar hanger to center of horizontal. Additional band hangers included with ULTRA PRO™ racks only



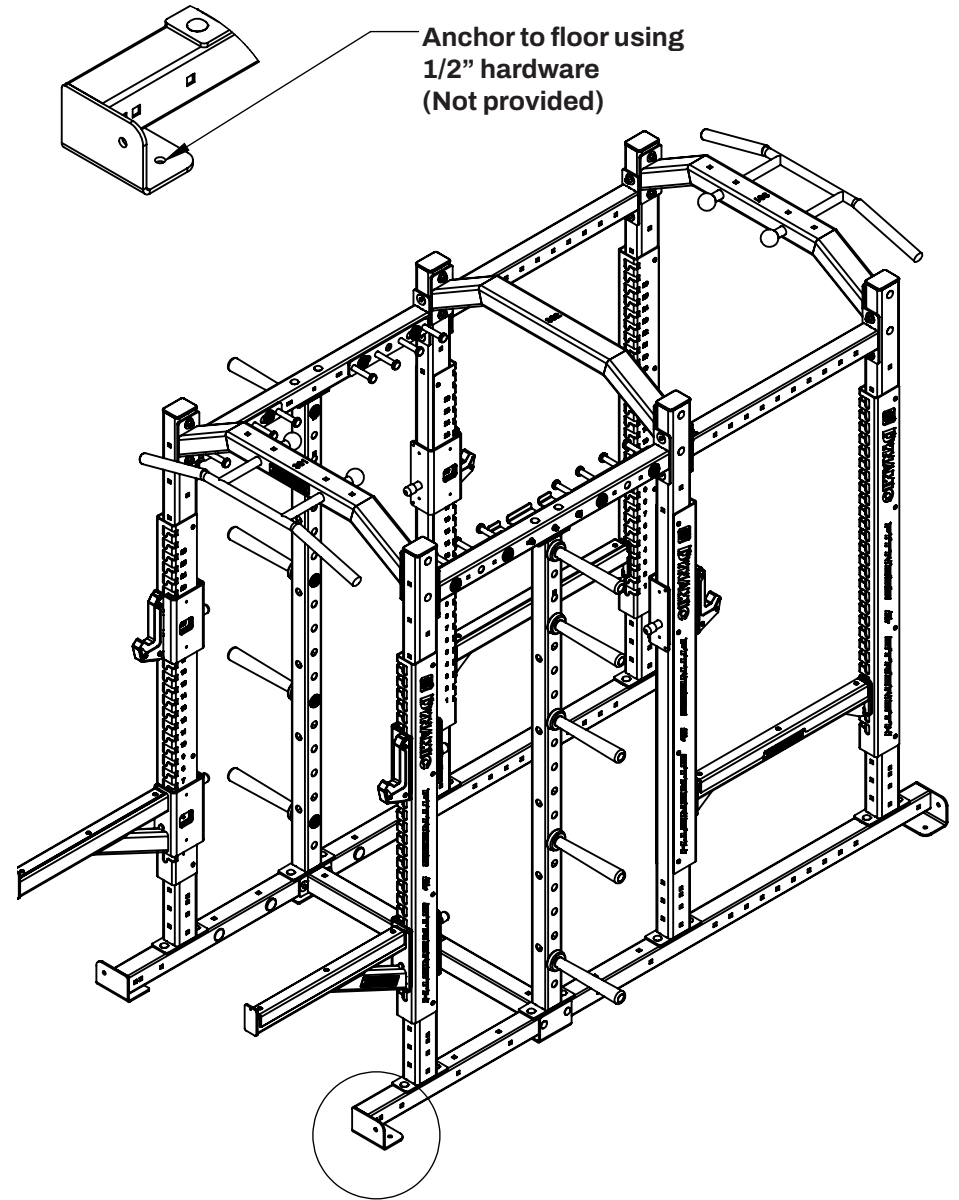
Step 6

Mount weight pegs in desired locations. The recommended spacing between each peg is (4) holes as shown. Install bar hangers and optional band storage hooks.



Step 7

Mount bar catch and safety assemblies to rack at desired location.

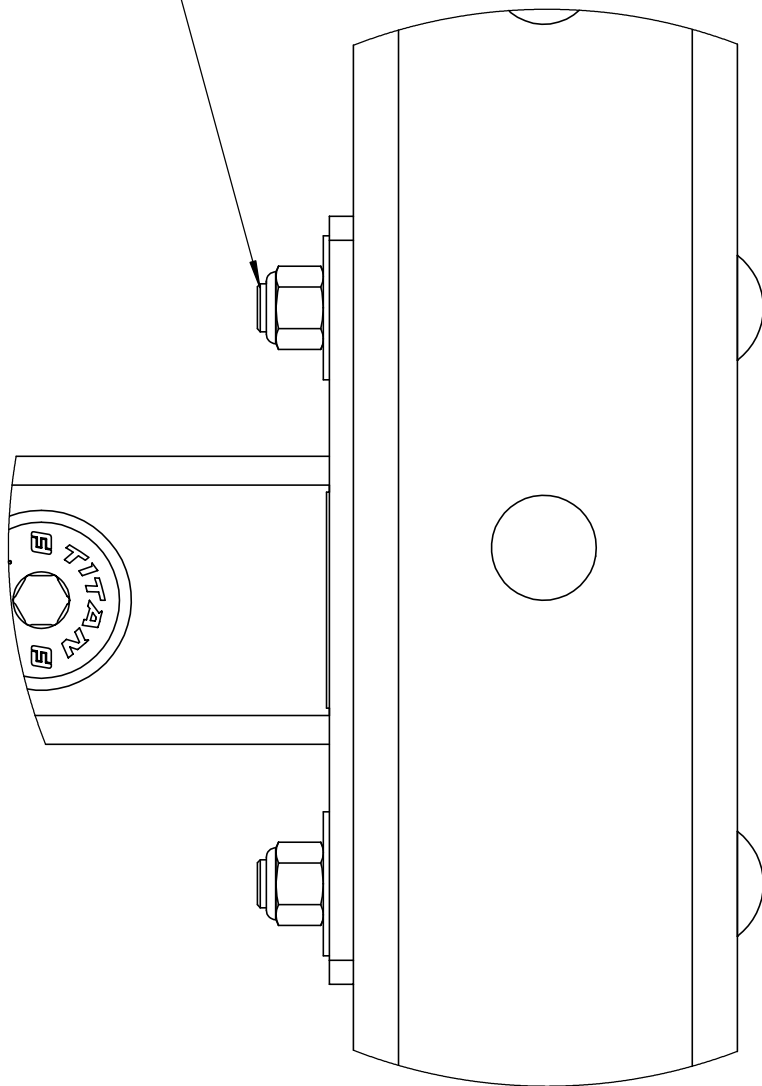


Anchor to floor using
1/2" hardware
(Not provided)

Step 8

Position rack in final location and anchor to floor using available holes on each base.

End of bolt **MUST** extend beyond nut face at all locations.



Step 9

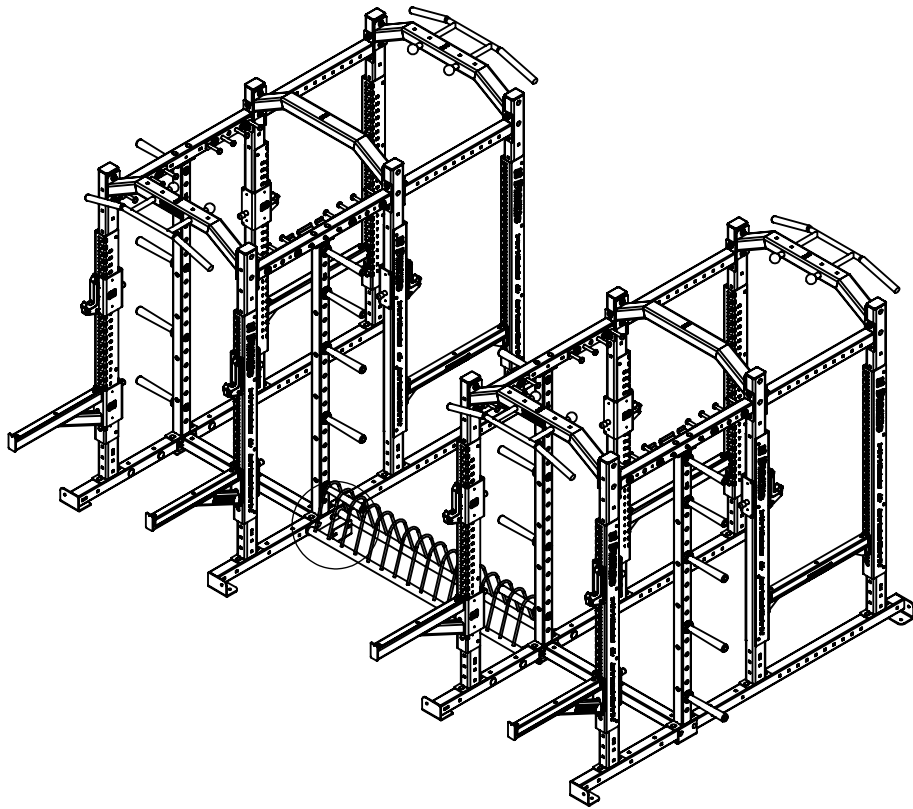
Tighten each hardware connection. The end of each bolt should extend beyond nylock nut face as shown.

DO NOT COLLAPSE TUBING FROM OVER TIGHTENING HARDWARE.

Maintenance

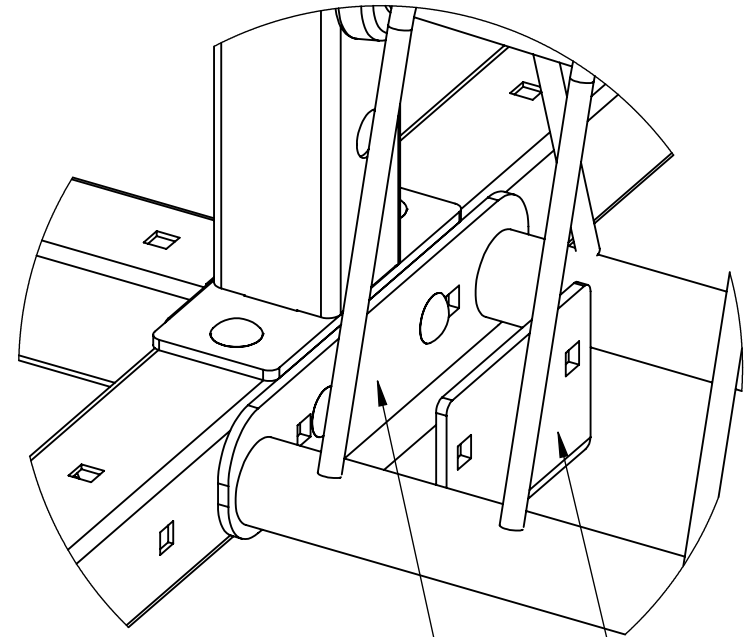
Preventative actions will keep your facility safe and productive for all users

- 1) Wipe Down Equipment
Use general purpose cleaner.
Avoid Bleach based solutions.
- 2) Lubricate All Moving Parts
Use a silicone spray and clean rag to apply.
- 3) Tighten All Hardware
Inspect the condition of all hardware and tighten loose fasteners.
- 4) Inspect Wear Guards
To prevent metal to metal contact with components keep wear surfaces protected.
- 5) Replace All Worn Parts



Step 10 (Optional)

Connecting Bumper Annex storage to single post rack center base support mounts inside storage rack, with flange facing inward.

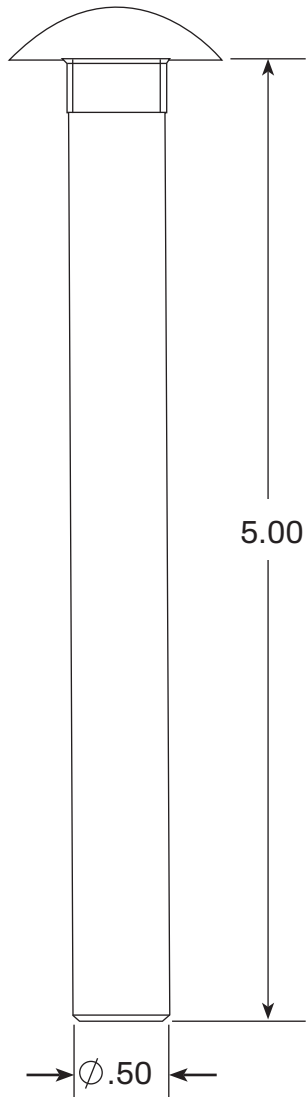


Align bumper storage with base tube

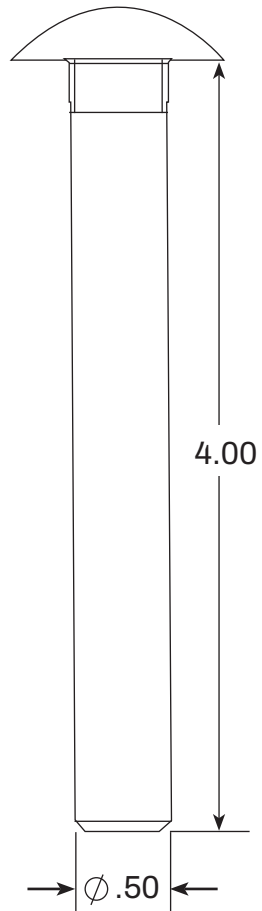
Align support flange with bumper storage plate. Insert bolt through all. Attach with low profile jam nut and 4-1/2" long carriage bolt. (BK-ANNEX7)

HARDWARE PACK CONTENTS
QUANTITIES VARY BY MODEL

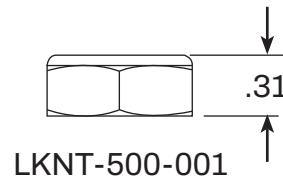
**POWER HALF RACK COMBO
SINGLE & DOUBLE POST
INSTRUCTION SHEET**



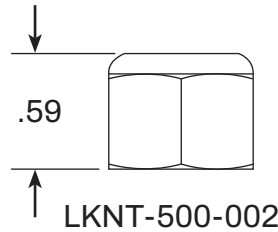
CAIR-500-002



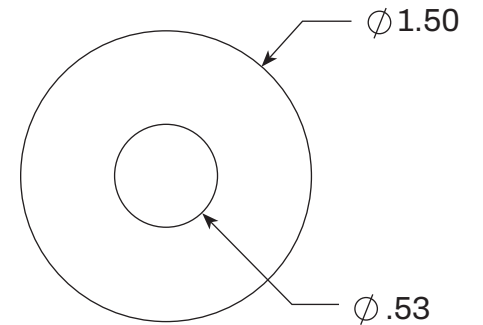
CAIR-500-001



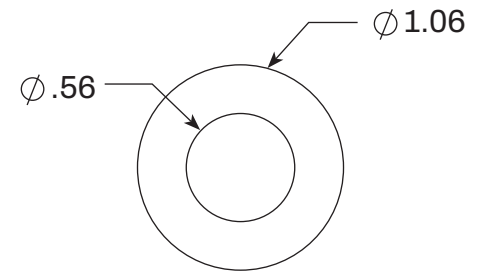
LKNT-500-001



LKNT-500-002



FLW-500-001



FLW-500-002

Tools Required:

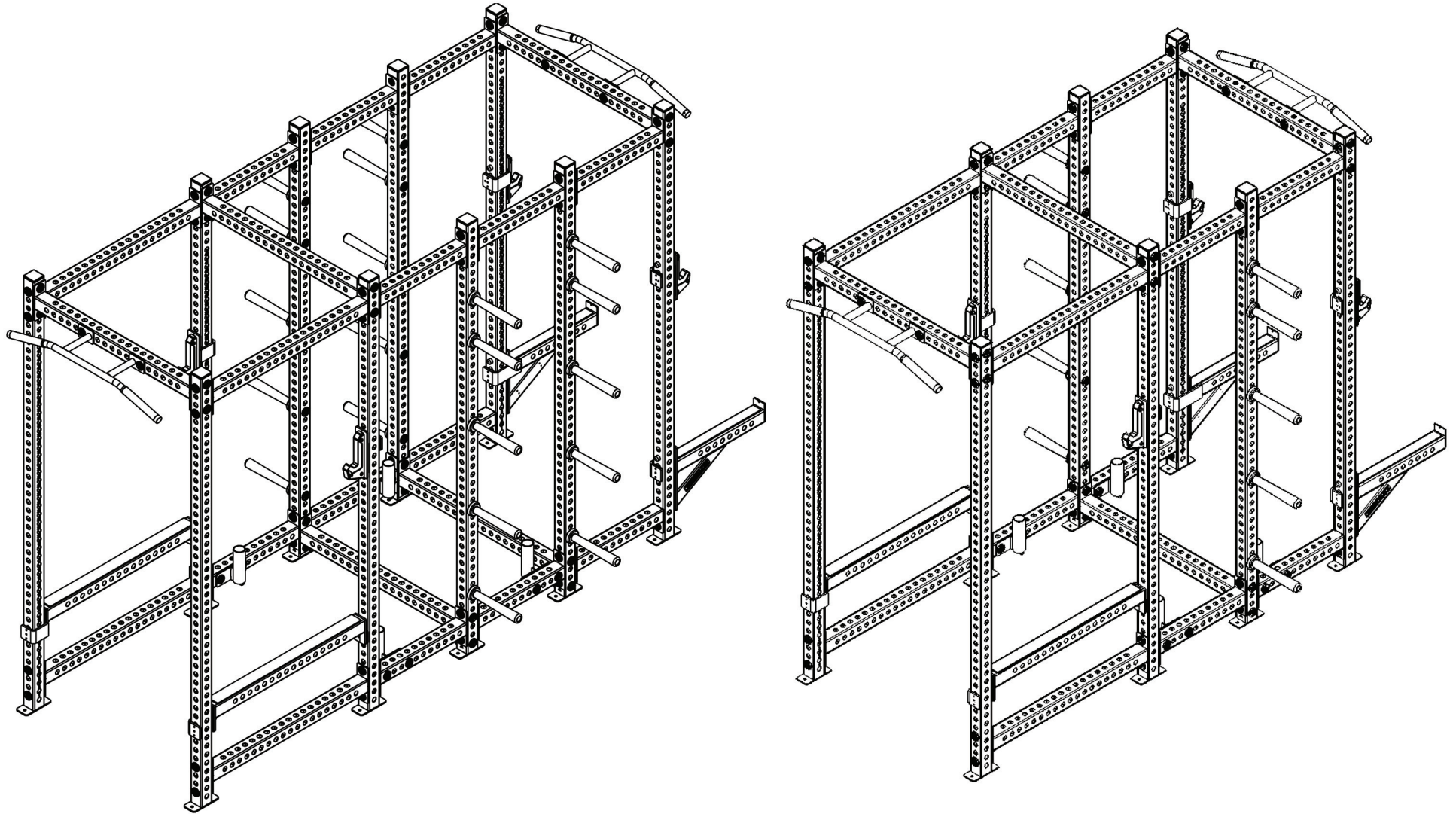
(2) 1/2" Hex Key Wrench

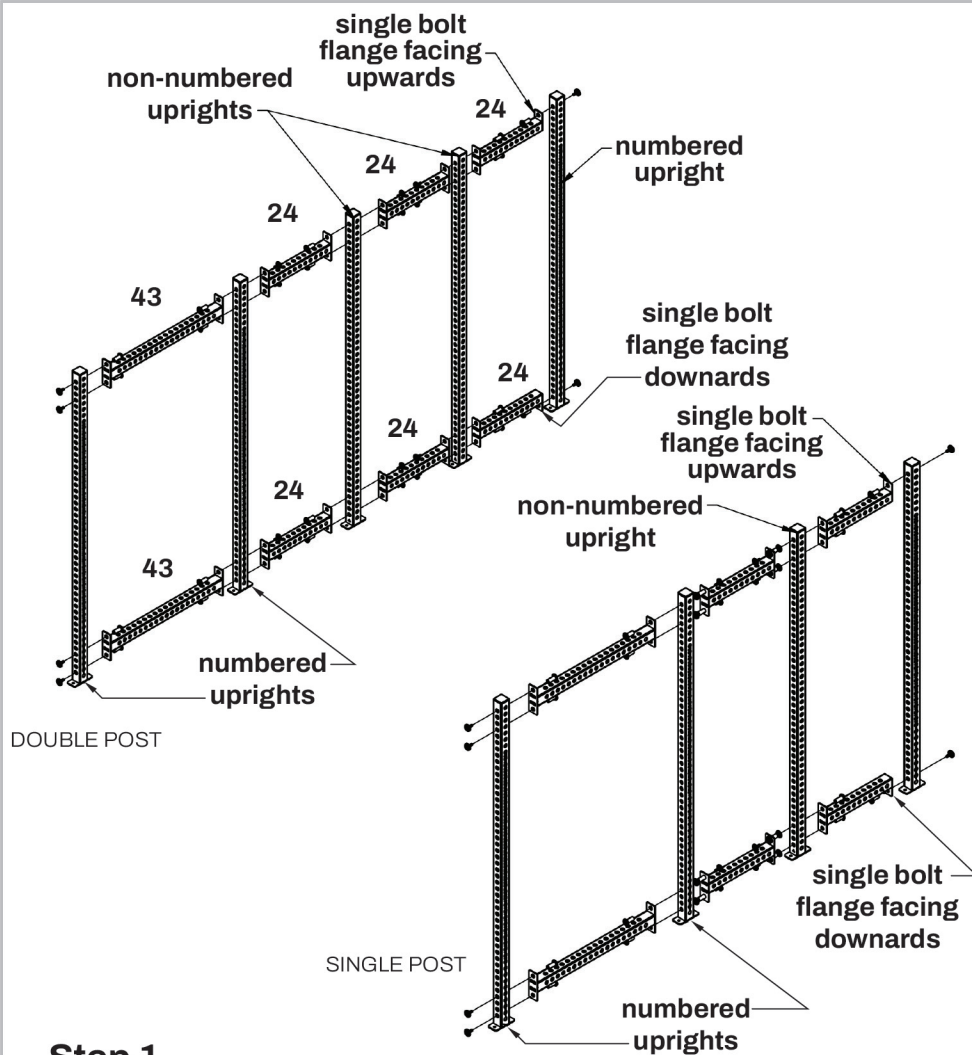
**TITAN PRO POWER HALF RACK COMBO
ASSEMBLY INSTRUCTIONS
SINGLE & DOUBLE POST**

Models:

400517

400518

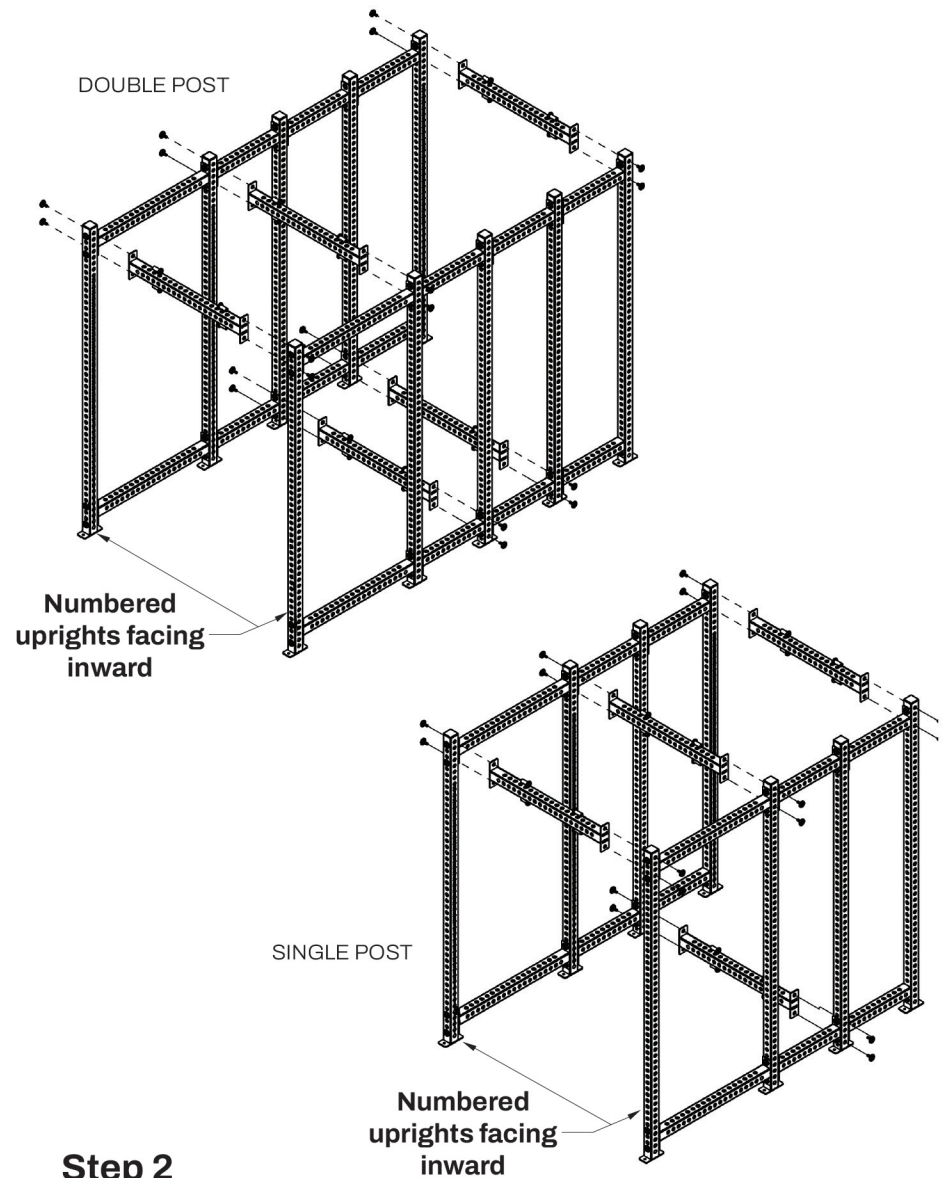




Step 1

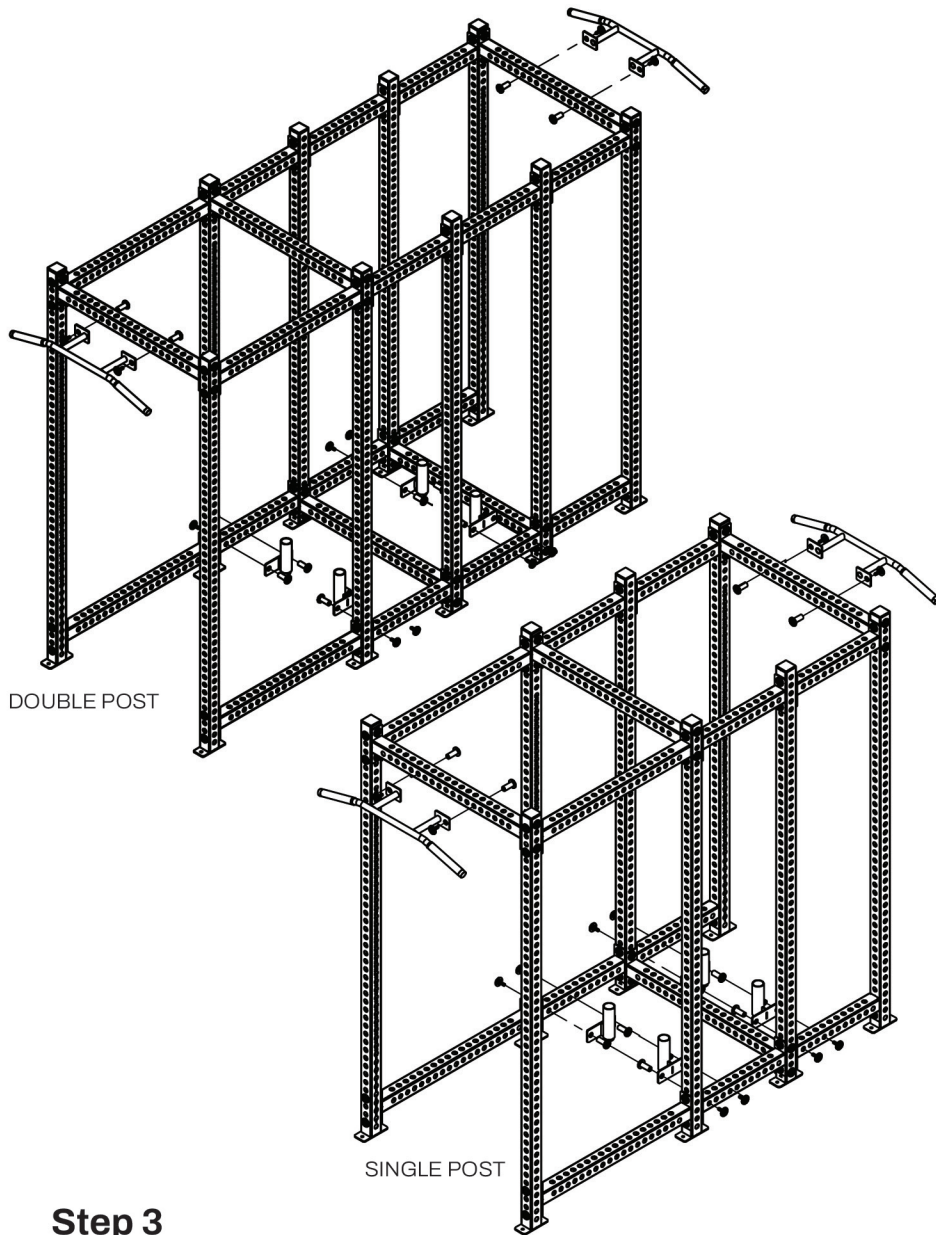
Install the three uprights with laser cut numbers, and two center non numbered upright(s) together using 24" & 43" connectors. The half rack 24" connectors will have a single bolt flange on one end, the top one will face upwards, and the bottom one will face downwards (see above). the 24" connectors going to the storage upright will have 2 bolt flanges, and the power rack will connect with the two 43" connectors.

Repeat this step to create 2 side frames.



Step 2

Take 2 side frames from step one, making sure that both numbered sides are facing inward, and join together using 4 or 5-43" connectors. Connecting using the lowest possible holes on the center non numbered upright, and the highest 2 possible holes on the outer numbered uprights.



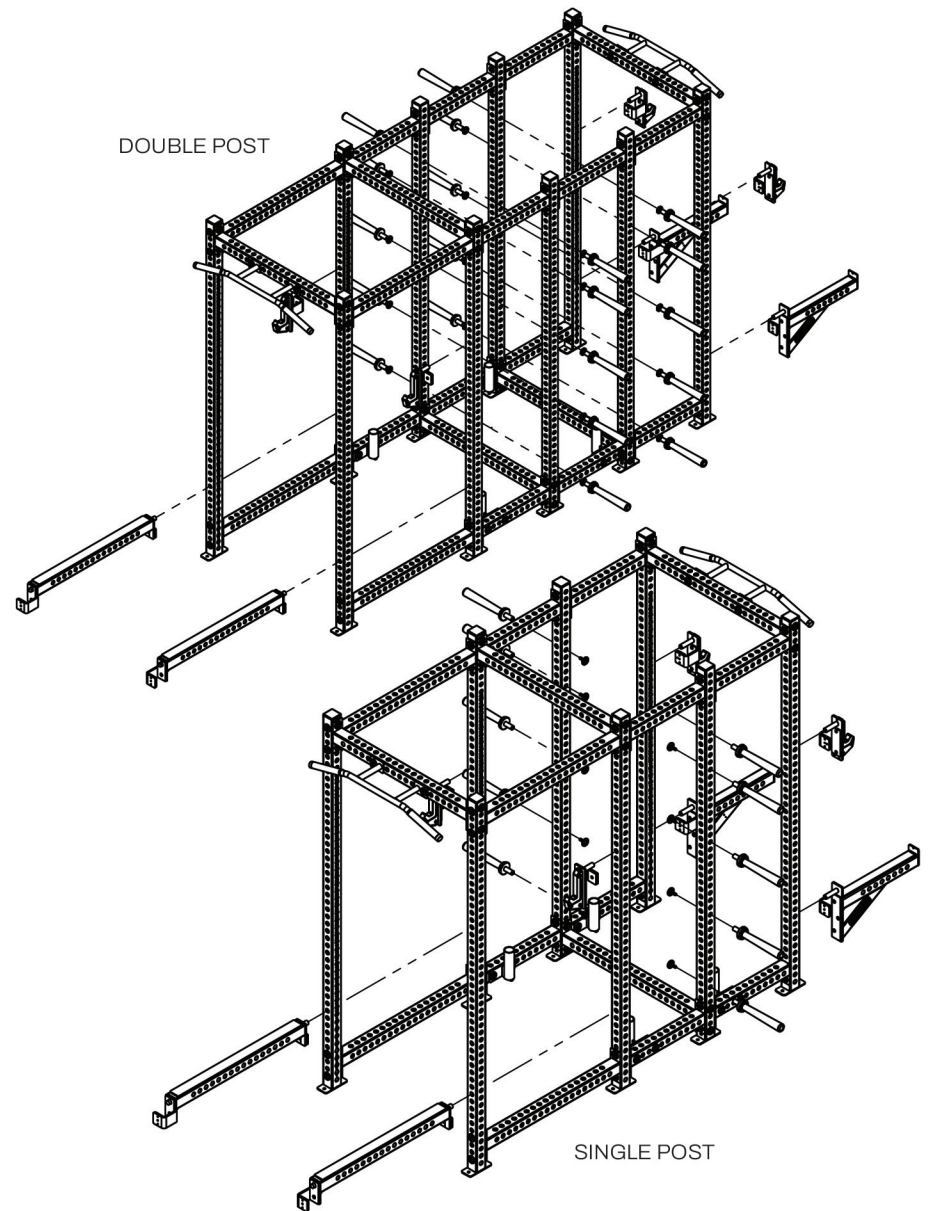
DOUBLE POST

SINGLE POST

Step 3

Install 2 chin up bars onto center of the upper front connector as shown.

Install 4 bar holders at desired location, standard mounting location is shown.



DOUBLE POST

SINGLE POST

Step 4

Install safeties, J-cups and weight pegs at the desired location. Standard configuration shown.

Double check all hardware is tightened before use.