

Titan Attachment ATHLETIC TRAINING ARMS

The Titan series athletic training arms provide super-smooth movement with minimal lateral sway thanks to their industrial shaft bearings. An easy-to-use rolling adjustment system offers a more accurate fit and tighter operation on new Dynamic Titan racks or properly-configured Dynamic rigs. The variety of height and handle positions accommodates almost any size and level of athlete and allows for almost infinite training movements. Add J-cups to the arms for benching or squatting. Contact your territory manager for compatibility and application info.



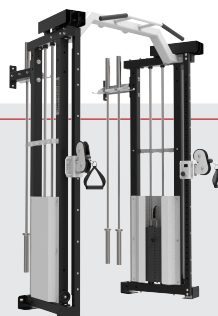
Features:

- Easy-to-Use Rolling Adjustment System
- Precision Bearings
- Locking Pin Design
- Multi-Position Handle
- Laser-Cut Numbering Laser-Cut Numbering
- Countless Training Movements
- Intensive Multi-Stage Pretreatment Process for Long-Lasting Powder-Coat Finish

**A full line
of add-on
equipment:**

**MORE STRENGTH
PER SQUARE FOOT™**

Maximize your Rack or Rig performance with many accessory & attachment options.



Selectorized Options



Storage Options



Performance Options

409241

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Specifications:

FRAME: 3" X 3" 11-Gauge Structural Steel Tubing

WEIGHT: 73 LBS per arm (146 LBS pair)

COMPONENTS: Industrial Shaft Bearings
A36 Steel Housing

Compatibility & Availability:

MODEL #409241 - ATHLETIC TRAINING ARM SET

For use only on newer models of Titan Racks or rigs built with 409243.

MODEL #400232 - TITAN 9' HALF RACK WITH ATHLETIC TRAINING ARMS

MODEL #400234 - TITAN 9' POWER RACK WITH ATHLETIC TRAINING ARMS

MODEL #400235 - TITAN 9' DOUBLE HALF RACK WITH ATHLETIC TRAINING ARM

MODEL #400236 - TITAN 9' DOUBLE HALF RACK SINGLE POST WITH ATHLETIC TRAINING ARM

