Tools Required:

3/4" Standard Socket 3/8" Drive Ratchet 3/4" Combination End Wrench

DOUBLE HALF RACK ASSEMBLY INSTRUCTIONS SINGLE & DOUBLE POST

400115 400115SB 400116

Models:

400116SB

400215 400215SB

400216

400216SB

700105 700105SB

700106

700106SB

700115 700115SB

700116

700116SB 700155

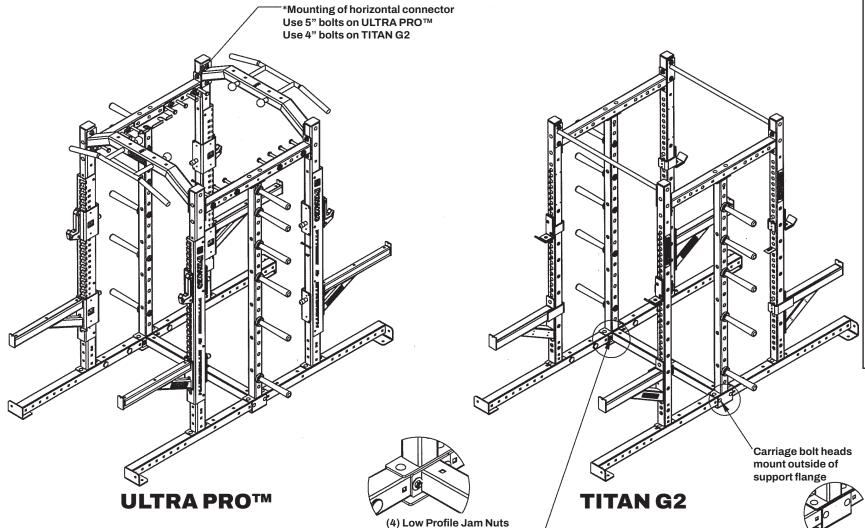
700156

700205 700206

700200

700216

700256





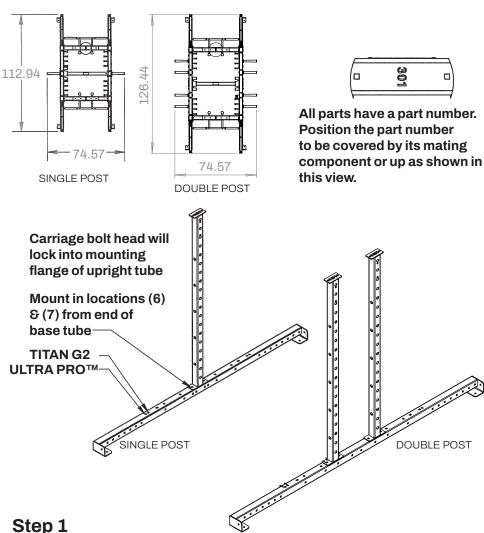
844-678-7447

used at this location only.

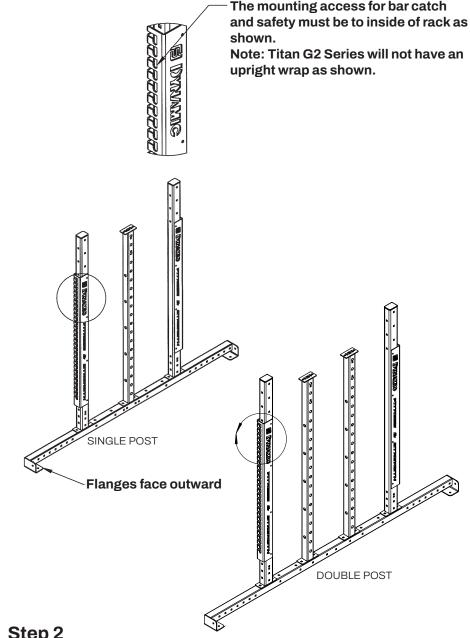
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Before assembling this rack:

Consider how much space will be required around the unit to access weights and not interfere with other equipment.

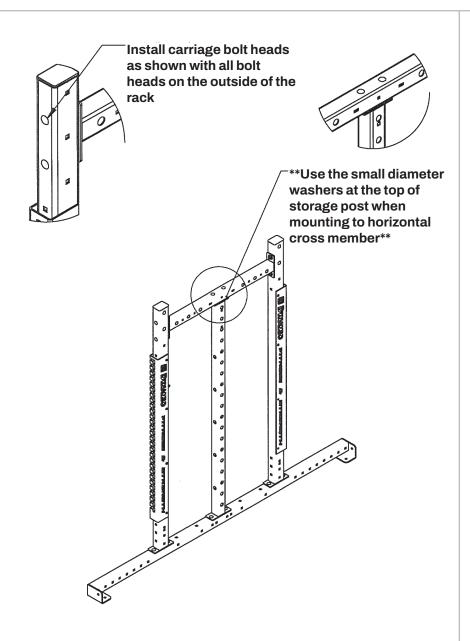


Attach storage post to base as shown using carriage bolts. Install bolts into storage post flange and then through base tube. Bolt head on top of flange with nut mounted under base tube. To ease assembly lay the rack components out horizontally on the floor. Repeat for left side.



Step 2

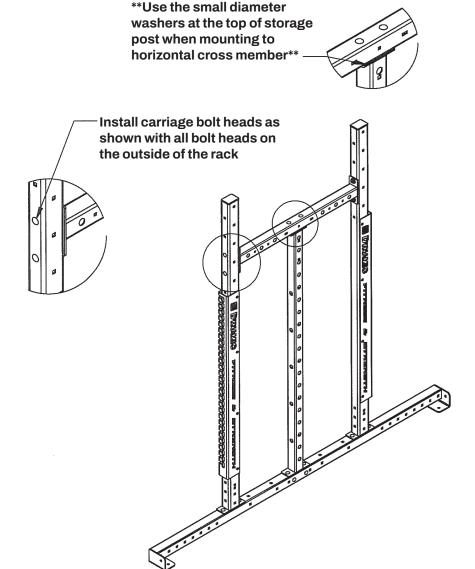
Attach working uprights to right base as shown. ULTRA PRO™ will mount at first location from end of base tube TITAN G2 will mount at second location. Repeat for left side.



Step 3 A

Attach horizontal cross member to storage posts and front 8' uprights. Repeat for left side.

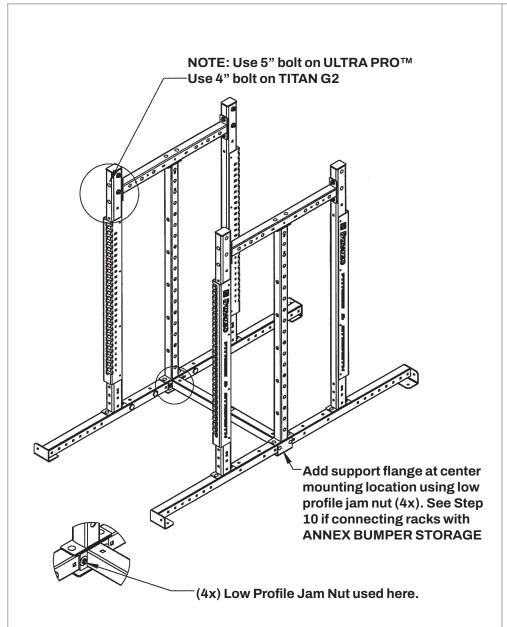
Note: Use small diameter washers at top plate when mounting storage post to horizontal



Step 3 B

Attach horizontal cross member to storage posts and front 9' uprights. Repeat for left side.

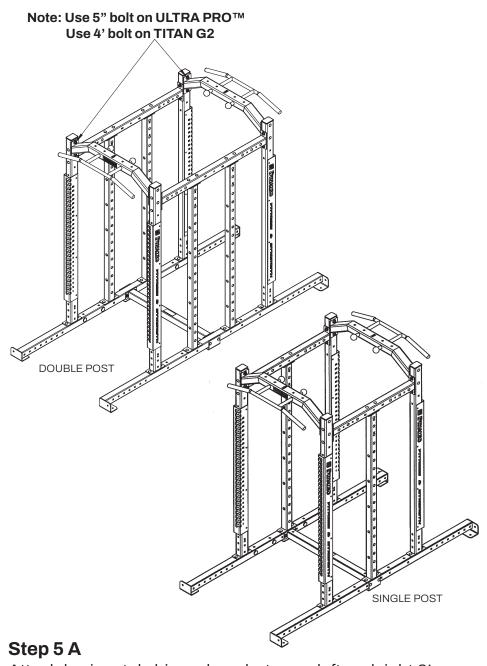
Note: Use small diameter washers at top plate when mounting storage post to horizontal.



Step 4

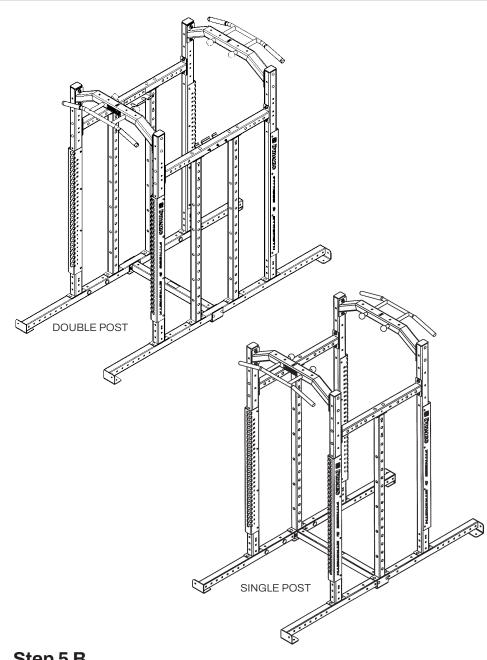
Attach right half to left half as shown using horizontal base tube and center mounting flanges.

Note: The carriage bolt heads on outside of rack with low profile jam nut on inside.



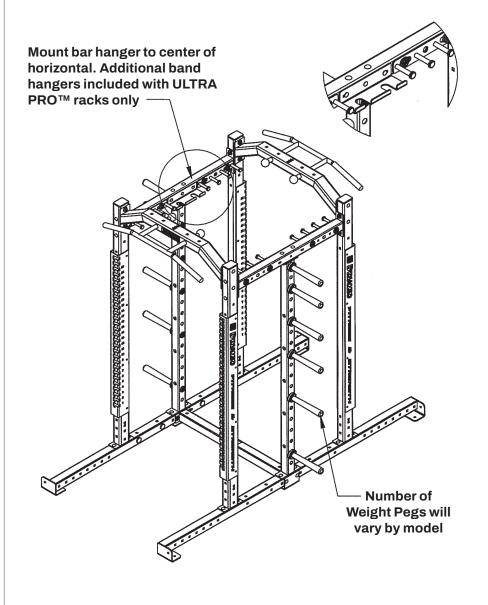
Attach horizontal chin up bars between left and right 8' uprights as shown. This bar may vary based on your model.

Note: This step requires two people to lift and fasten.



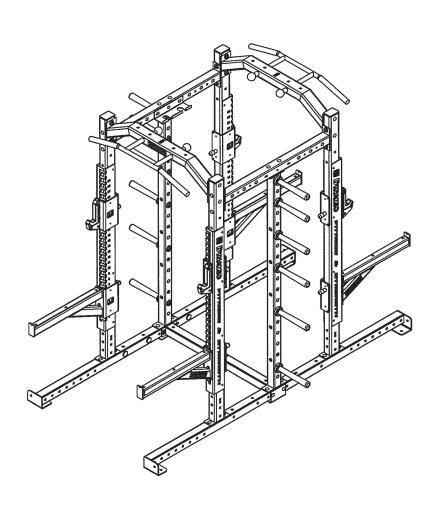
Step 5 B

Attach horizontal chin up bars between left and right 9' uprights as shown. This bar may vary based on your model. Note: This step requires two people to lift and fasten.

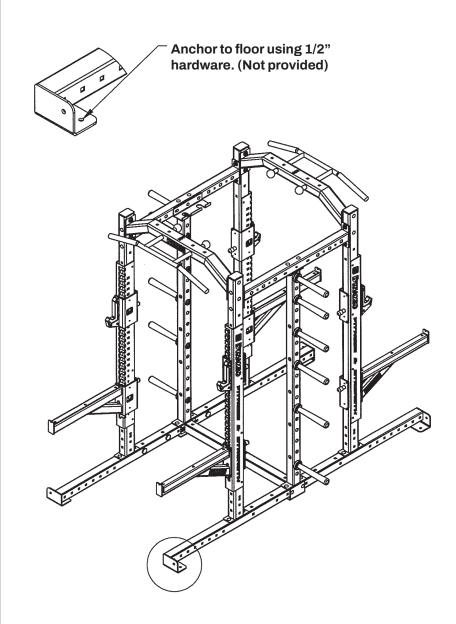


Step 6

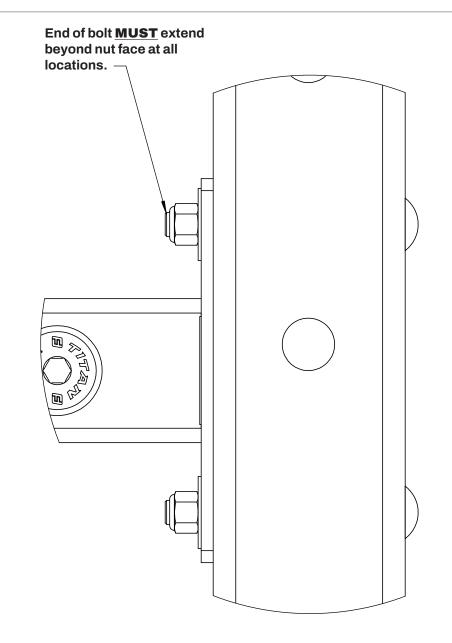
Mount weight pegs in desired locations. The recommended spacing between each peg is (4) holes as shown. Install bar hangers and optional band storage hooks.



Step 7Mount bar catch and safety assemblies to rack at desired location.



Step 8Position rack in final location and anchor to floor using available holes on each base.



Step 9

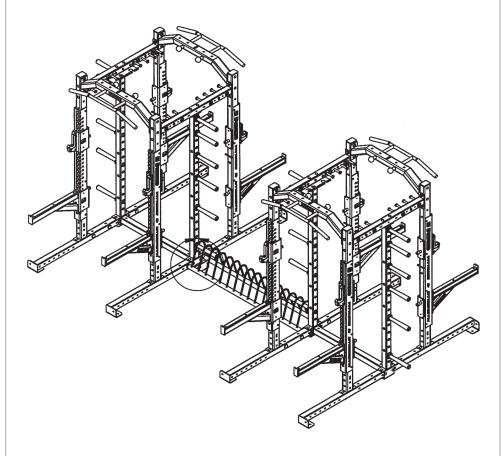
Tighten each hardware connection. The end of each bolt should extend beyond nylock nut face as shown.

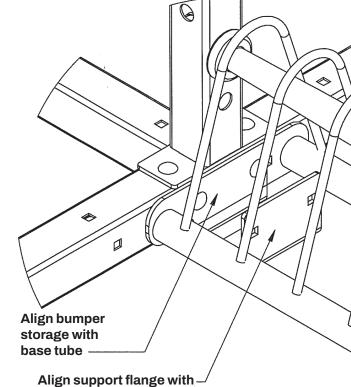
DO NOT COLLAPSE TUBING FROM OVER TIGHTENING HARDWARE.

Maintenance

Preventative actions will keep your facility safe and productive for all users

- 1) Wipe Down Equipment
 Use gneral purpose cleaner.
 Avoid Bleach based solutions.
- 2) Lubricate All Moving Parts Use a silicone spray and clean rag to apply.
- 3) Tighten All Hardware Inspect the condition of all hardware and tighten loose fasteners.
- 4) Inspect Wear Guards
 To prevent metal to metal
 contact with components keep
 wear surfaces protected.
- 5) Replace All Worn Parts



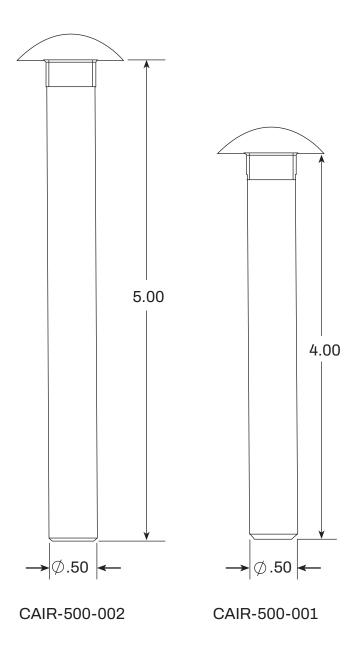


bumper storage plate. Insert bolt through all. Attach with low profile jam nut and 4-1/2" long carriage bolt. (BK-ANNEX7)

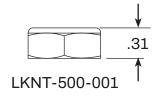
Step 10 (Optional)

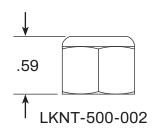
Connecting Bumper Annex storage to single post rack center base support mounts inside storage rack, with flange facing inward.

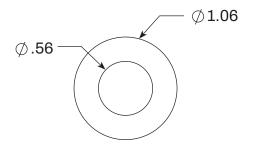
HARDWARE PACK CONTENTS *QUANTITIES VARY BY MODEL*



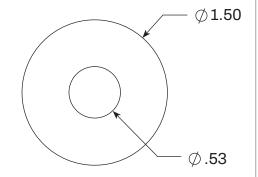
DOUBLE HALF RACK SINGLE & DOUBLE POST INSTRUCTION SHEET







FLW-500-002



FLW-500-001

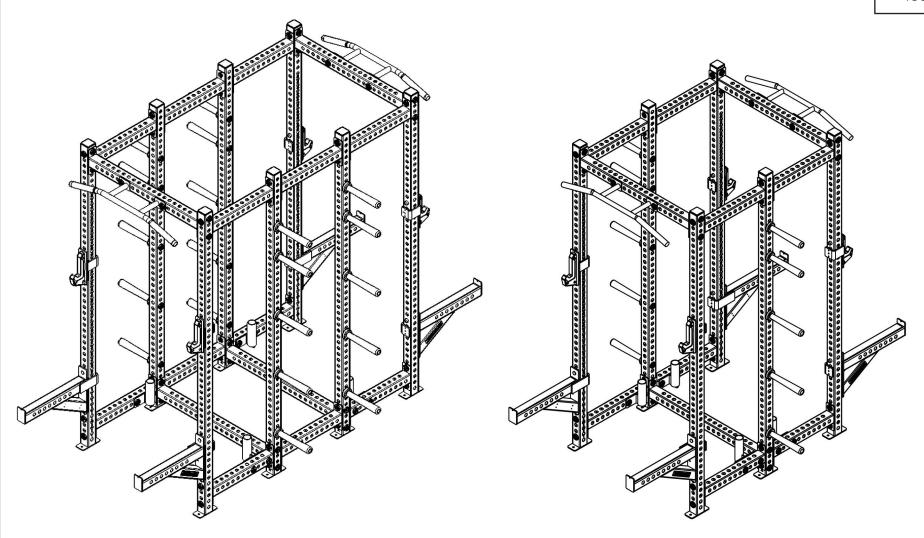
Tools Required:

(2) 1/2" Hex Key Wrench

TITAN PRO DOUBLE HALF RACK ASSEMBLY INSTRUCTIONS SINGLE & DOUBLE POST

Models:

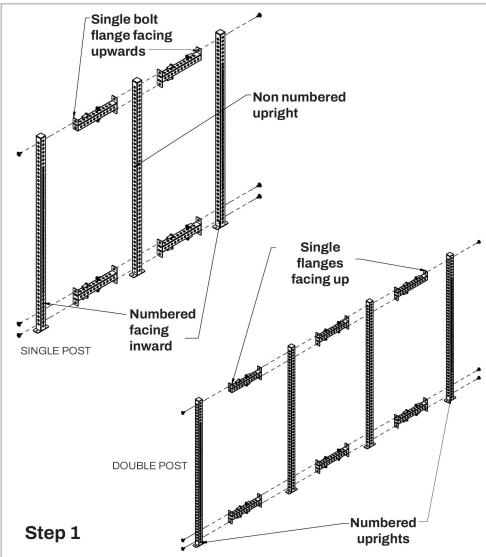
400515 400516





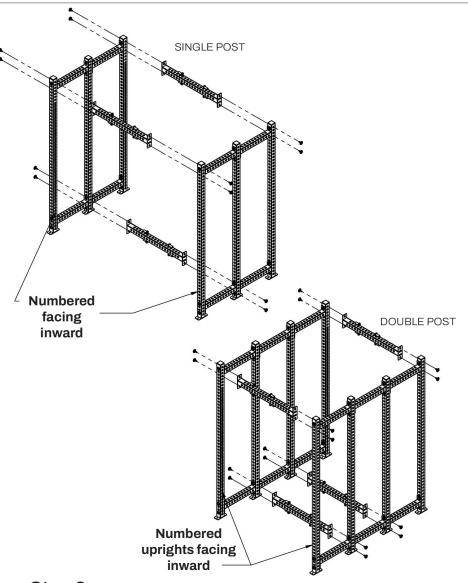
844-678-7447

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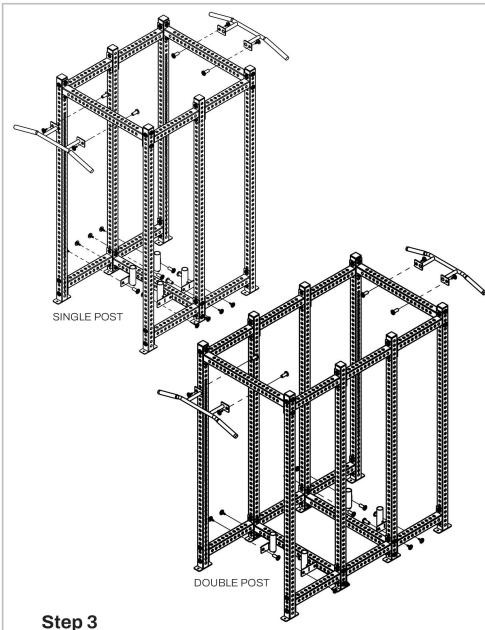
Install the two uprights with laser cut numbers, and the center non numbered upright(s) together using 24" connectors. The lower connectors will have 2 bolt flanges on both ends, and the upper connectors will have a single bolt flange on one end. the single bolt flange will connect to the numbered uprights with the flange facing upwards as shown.

Repeat this step to create 2 side frames.



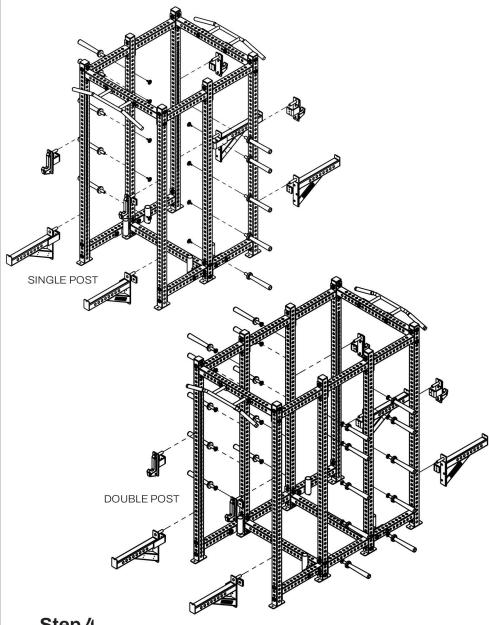
Step 2

Take 2 side frames from step one, making sure that both numbered sides are facing inward, and join together using 4-43" connectors. Connecting using the lowest possible holes on the center non numbered upright, and the highest 2 possible holes on the outer numbered uprights.



Install 2 chin up bars onto center of the upper front connector as shown.

Install 4 bar holders at desired location, standard mounting location is shown.



Step 4

Install safeties, J-cups and weight pegs at the desired location. Standard configuration shown.

Double check all hardware is tightened before use.