



BILATERAL LOW ROW

The Bilateral Low Row offers independent in addition to bilateral arm action. Three handle positions allow for different grip positions to develop different mid-back and trap muscle groups. The chest pad supports the torso during rows to further isolate muscle development. Ample plate storage built in to the unit is convenient and makes for an efficient weight room. Designed by Rae Crowther.



Features:

- Multiple Grip Options
- Converging Motion
- Plate Storage
- Adjustable Safety Stops
- Custom Color Pad Options
- Intensive Multi-Stage Pretreatment Process for Long-Lasting Powder-Coat Finish



PICK YOUR COLORS!
Textured or gloss powder coated finish
COLOR-MATCHING ALSO AVAILABLE.

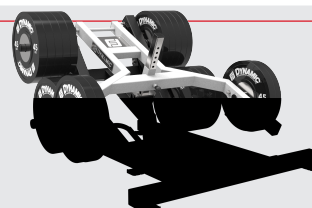
A full line of plate-loaded equipment:

MORE STRENGTH PER SQUARE FOOT™

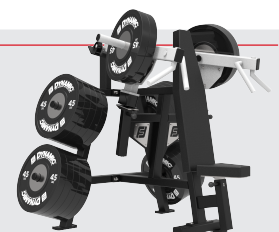
Ask about our full catalog of premium strength equipment and accessories.



Inverse Curl



Pro Dead Lift



Bilateral Shoulder Press

713011

Plate-Loaded Line BILATERAL LWO ROW

Specifications:

FRAME: 2" X 3" 11-Gauge Structural Steel Tubing

WEIGHT: 428 LBS

DIMENSIONS: 61" W x 64" H x 52" L

