



WALK-THRU GHD W/KNEE PAD

This Walk Thru Glute/Ham Developer offers structural movement that emphasizes hamstring development in knee flexion, while also providing secondary work on glutes and calves. Razor curls, back extensions and sit ups are additional movement options. Dynamic's GHD features easy leg length adjustment and height position and an oversized thigh pads to accommodate a variety of athlete sizes. The knee pads provide convenient means for mounting and dismounting.

Features:

- Pivoting Pad Adjustment
- Vertical Roller Pad Adjustment
- Knee Pads For Easy Mount & Dismount
- Oversized Thigh Pads
- Frame-Mounted Band Pegs
- Custom Color Pad Options
- Intensive Multi-Stage Pretreatment Process for Long-Lasting Powder-Coat Finish



PICK YOUR COLORS!
Textured or gloss powder coated finish
COLOR-MATCHING ALSO AVAILABLE.

A full line of posterior chain equipment:

MORE STRENGTH PER SQUARE FOOT™

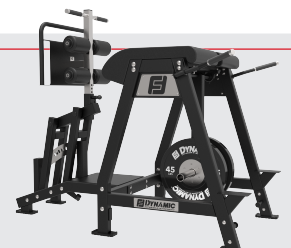
Ask about our full catalog of premium strength equipment and accessories.



Inverse Curl



Reverse Hyper



GHD Hyper Combo

720073

Body Weight Line

WALK-THRU GHD W/KNEE PAD

Specifications:

FRAME: 2" X 3" 11-Gauge Structural Steel Tubing

WEIGHT: 281 LBS

COMPONENTS: UHMV Plastic On All Wear Surfaces

DIMENSIONS: 40" W x 52" H x 64" L

