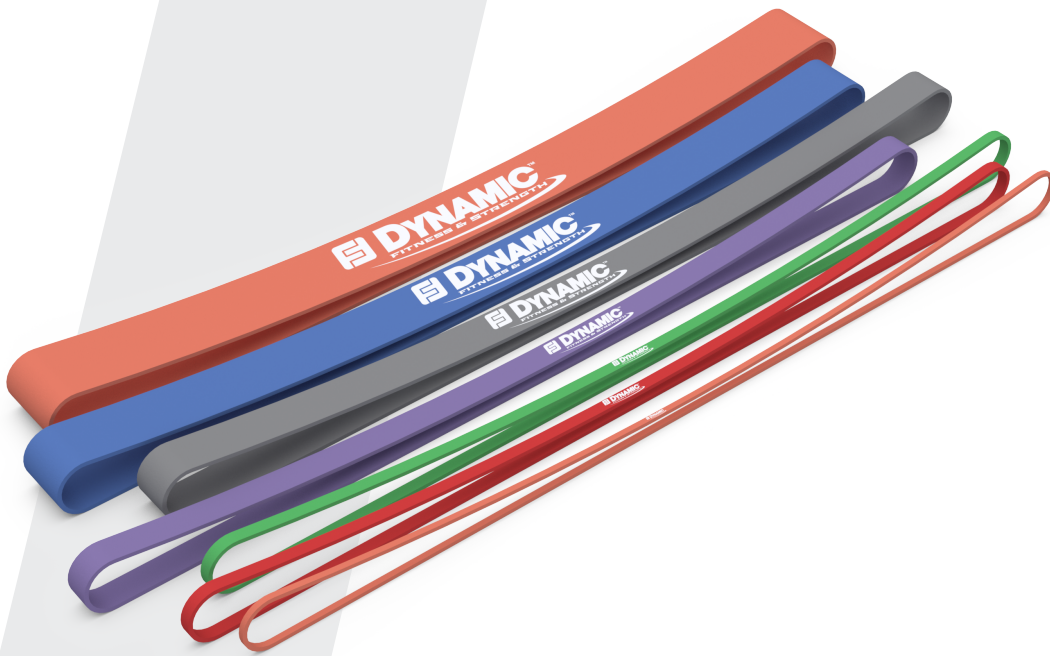


RESISTANCE BANDS

Dynamic Lifting Bands feature a layered band design that prevents the band from snapping all at once, but instead indicates wear by slowly shredding, thus preventing injury. Resistance bands are an extremely versatile component of any level workout program. The perfect accessory for resistance training tailored to the individual, Dynamic Lifting Bands enhance everything from suspension, mobility, pull-ups, squats, bench presses and more. Seven different colors for seven different resistance levels. Made from natural latex rubber of varying width and thickness per color.



Features:

- Layered Band Design to Prevent Abrupt Breakage
- Color Coded

Specifications:

- 7 Different Sizes
- 41" Long
- 1/4" to 3-1/4" Wide

Bands Sold Separately:

- X-Heavy, Orange, 3-1/4" Wide (#612505)
- Heavy, Blue, 2-1/2" Wide (#612504)
- Medium, Gray, 1-3/4" Wide (#612503)
- Light, Purple, 1-1/8" Wide (#612502)
- X-Light, Green, 1/2" Wide, 6.4mm Thick (#612501)
- XX-Light, Red, 1/2" Wide, 4.5mm Thick (#612500)
- XXX-Light, Orange, 1/4" Wide (#612499)

A complete range of barbells:

MORE STRENGTH PER SQUARE FOOT™

Where form meets function to elevate your lifting experience with power and precision.



Medicine Ball



Kettlebells



Foam Roller