



TECHNIQUE TRAINING BARBELL



All the specifications, qualities and precision of an Olympic bar, but with light, comfortable knurling and only 15 pounds. Perfect for introducing a young athlete to strength training, or to hone and perfect technique. This technique bar offers excellent strength and a smooth sleeve spin to help guide athletes to the next level of their training.

Features:

- Light Knurling
- No Center Knurling
- Olympic and Power Lifting Marks
- Dual Oillite Bronze Bushings
- Dual Snap Ring Design
- Custom Logo Options Available

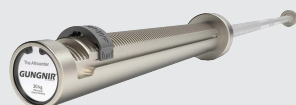
Specifications:

- Bar Diameter: 28.5 mm
- Weight: 6.8 kg / 15 lbs.

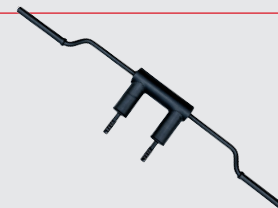
A complete range of barbells:

MORE STRENGTH PER SQUARE FOOT™

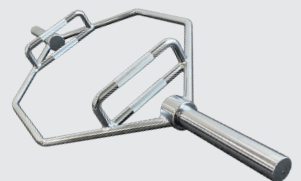
Where form meets function to elevate your lifting experience with power and precision.



Gungnir Bar



Safety Squat Bar



Hex Bar