



# Plate-Loaded Line **PRO DEAD LIFT**

The Pro Dead Lift from Dynamic Fitness & Strength allows for multiple deadlift variations as well as Olympic variations of shrug pulls. Multiple grip options allow for various exercises. The addition of weight pegs on the unit provides convenient and space-saving plate storage. Designed by Rae Crowther.

### Features:

- Multiple Grip Options
- Converging Motion
- Plate Storage
- Adjustable Safety Stops
- Intensive Multi-Stage Pretreatment Process for Long-Lasting Powder-Coat Finish



**PICK YOUR COLORS!**  
Textured or gloss powder coated finish  
**COLOR-MATCHING ALSO AVAILABLE.**

**A full line of plate-loaded equipment:**

**MORE STRENGTH PER SQUARE FOOT™**

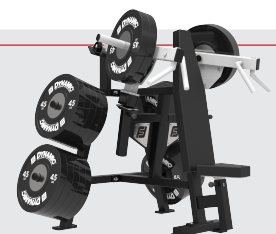
Ask about our full catalog of premium strength equipment and accessories.



Inverse Curl



Tricep Kickback



Bilateral Shoulder Press

713021

# Plate-Loaded Line PRO DEAD LIFT

## Specifications:

**FRAME:** 3" X 3" 11-Gauge Structural Steel Tubing

**WEIGHT:** 287 LBS

**DIMENSIONS:** 69" W x 33" H x 63" L

