



# BILATERAL SHOULDER PRESS

The Dynamic Fitness & Strength Bilateral Shoulder Press features dual-action hand placement as well as independent limb actions. The movement of the arms mimic the finish of an overhead dumbbell press. The addition of weight pegs on this unit offers convenient plate storage. Designed by Rae Crowther.



**Features:**

- Multiple Grip Options
- Converging Motion
- Plate Storage
- Adjustable Safety Stops
- Custom Color Pad Options
- Intensive Multi-Stage Pretreatment Process for Long-Lasting Powder-Coat Finish



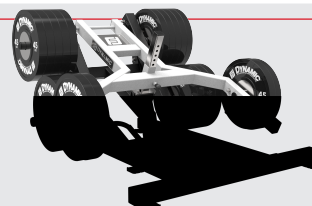
A full line of plate-loaded equipment:

MORE STRENGTH PER SQUARE FOOT™

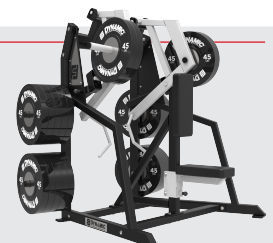
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Inverse Curl



Pro Dead Lift



Bilateral Low Row

713010

# Plate-Loaded Line **BILATERAL SHOULDER PRESS**

## Specifications:

**FRAME:** 2" X 3" 11-Gauge Structural Steel Tubing

**WEIGHT:** 279 LBS

**DIMENSIONS:** 58" W x 52" H x 47" L

