



# Plate-Loaded Line BILATERAL

### BILATERAL LEG PRESS

A key feature to this powerhouse machine is how easy it is to switch from bilateral movements to unilateral movements. It offers ultra-smoothness of motion, in particular with its ability for unilateral movement. Adjustable safeties are in easy reach at the bottom, and the unit also features an adjustable backboard. The wide foot plate allows for foot width variation which changes muscle group activation. Single limb capability is also crucial for rehabilitation and therapeutic programming, offering separate loading parameters for an injured limb.





A full line of plate-loaded equipment:

MORE STRENGTH PER SQUARE FOOT\*\* Top-quality equipment for upper body, lower body and posterior chain development.







Inverse Curl

Reverse Hyper

Leg Press

#### 714003

## Plate-Loaded Line EG PRESS

#### **Specifications:**

FRAME: 2" X 3" 11-Gauge Structural Steel Tubing

WEIGHT: 943 LBS

**DIMENSIONS:** 67" W x 56" H x 105" L

**COMPONENTS:** Approx. Carriage Weight: 175 LBS (87.5 LBS Each Side)



