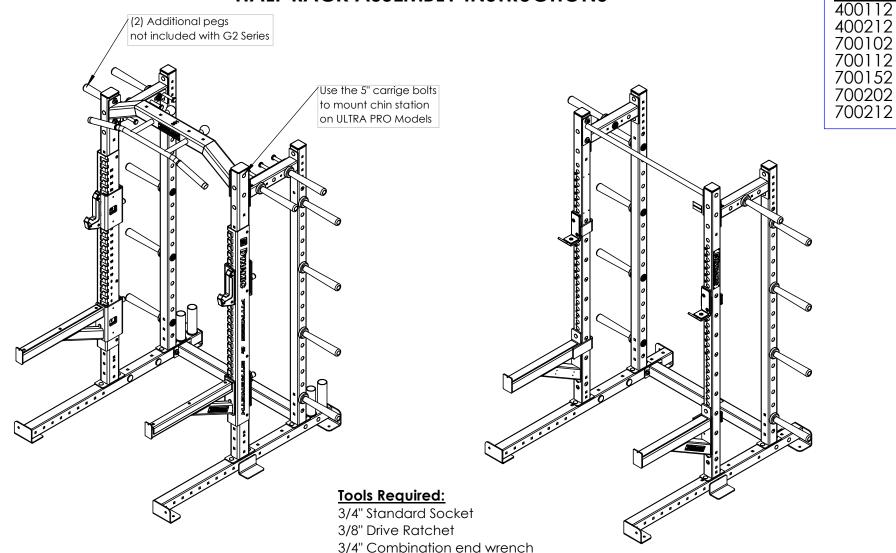
HALF RACK ASSEMBLY INSTRUCTIONS





For installation and assembly questions please contact DYNAMIC technical services at 844-678-7447

Models:

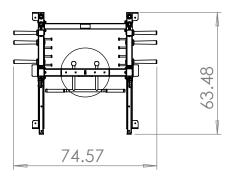
See the complete line of products at MYDYNAMICFITNESS.COM

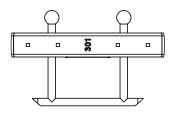
Twitter@DynamicFand\$

Facebook@DynamicfitnessandStrength Instagram@Dynamic fitness and strength

Before Assembling this rack: Consider how much space will be

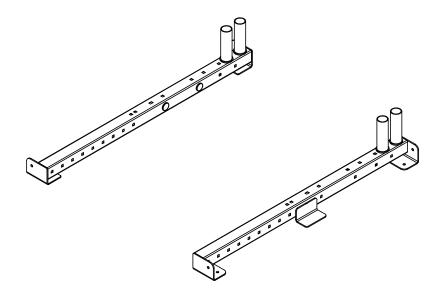
Consider how much space will be required around the unit to access weights and not interfere with other equipment.





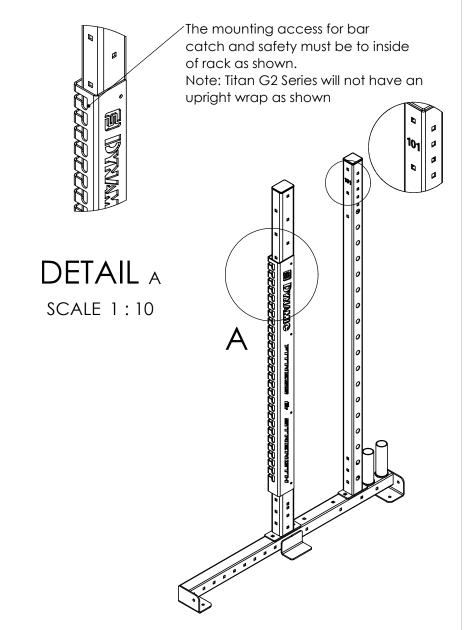
All parts have a part number.

Position the part number to be covered by its mating component or up as shown in this view.



Step one

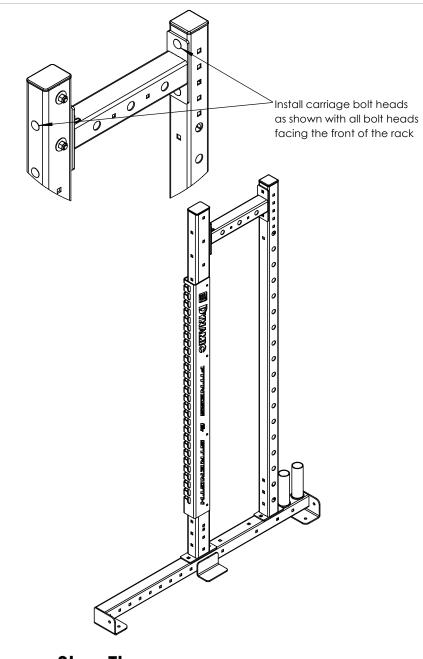
Attach bar holders to ends of each base as shown. Depending on the build of your rack the bar holder number may vary. (Max two per side)



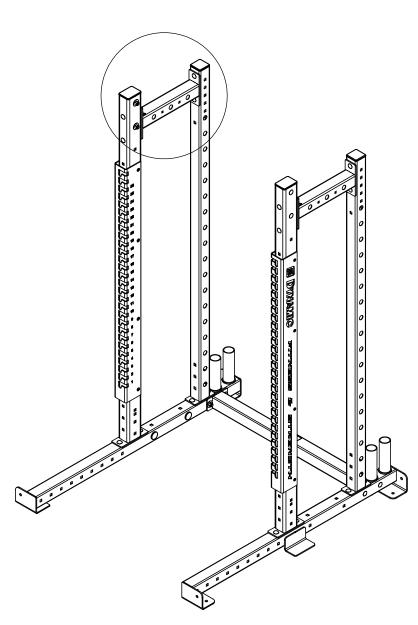
Step Two

Attach storage post and front upright to right base as shown. Repeat for left side.

Note: The base mounting flanges must face outward

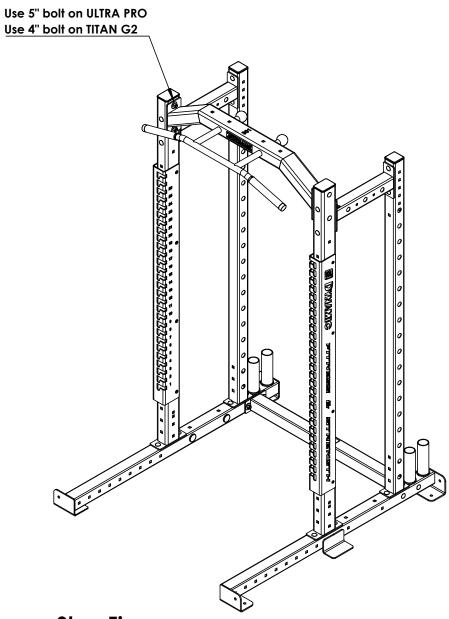


Step ThreeAttach horizontal cross member to storage post and front upright to right base as shown. Repeat for left side.



Step FourAttach right half to left half as shown using horizontal base .

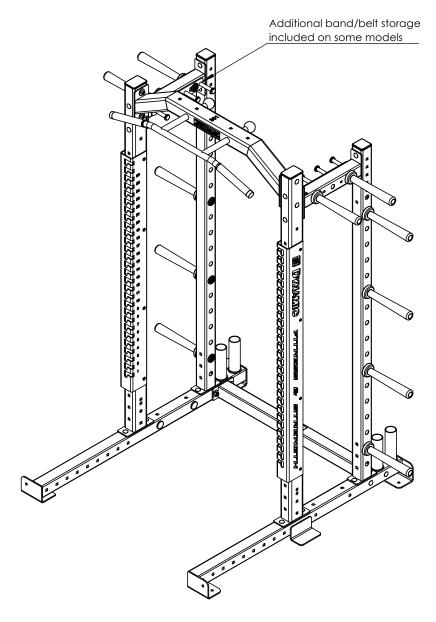
Note: The carriage bolt heads should be on the outside of the rack



Step Five

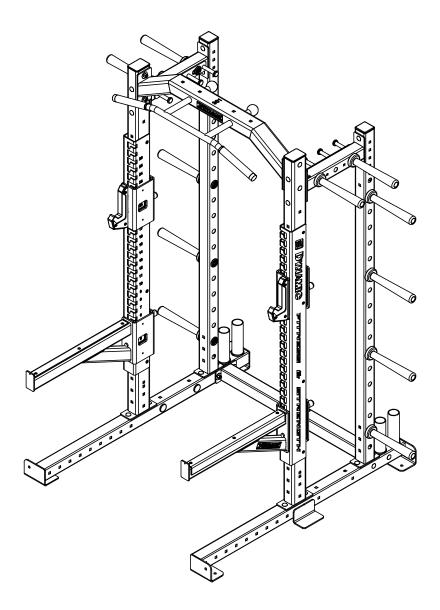
Attach horizontal chinup bar between left and right uprights as shown. This bar may vary based on your model

Note: This step requires two people to lift and fasten.

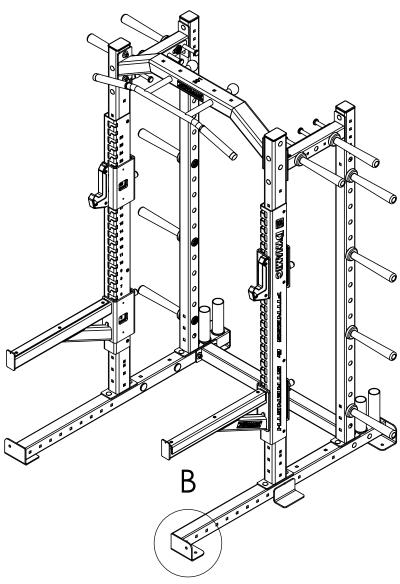


Step Six

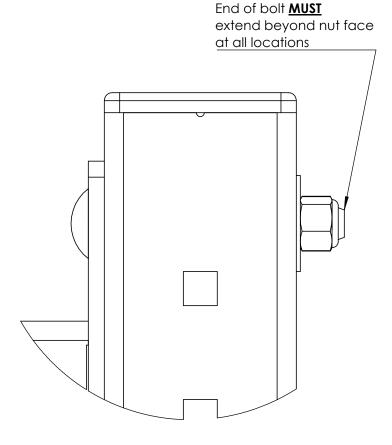
Mount weight pegs in desired locations. The recommended spacing between each peg is (4) holes as shown.



Step SevenMount bar catch and safety assemblies to rack at desired location.



Step EightPosition rack in final position and anchor to floor using available holes on each base



Step Nine

Tighten each hardware connection.
The end of each bolt should extend beyond nylock nut face as shown

Maintenance

Preventative actions will keep your facility safe and productive for all users

- 1) Wipe Down Equipment
 Use general purpose cleaner.
 Avoid Bleach based solutions
- 2) Lubricate all Moving parts
 Use a silcone spray and clean
 rag to apply
- 3) Tighten all hardware
 Inspect the condition of all
 hardware and tighten loose
 fasteners
- 4)Inspect wear guards

 To prevent metal to metal
 contact with components keep
 wear surfaces protected.
- 5) Replace all worn parts